Parables of Lao Tse

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Corrector of the English translation Hiero Nani These parables are written from the words of Lao Tse and relate how He learnt from Great Huang Di.

The steps of the spiritual Path that permit to cognize Tao and Te are described here in parable style.

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Foreword

Lao Tse was riding on a donkey. He was not in a hurry. He was riding and *listening*, and if the words came and formed into complete sentences, he wrote them down.

Lao Tse was not choosing his way but let God and the donkey do this. The Boundless Ocean of God surrounded him and his donkey and whispered to the sensitive animal where to go.

The Heart of Lao Tse was filled with the Great Transparent Calm. He *listened* to this Calm since the *Great Silence* became filled with the words of Tao and Te¹ when necessary.

In this way Lao Tse was learning Wisdom about the meaning of human life and about the laws according to which people can live without disturbing the harmony of the earthly and the Heavenly, as well as about the steps of the stairway that leads "from the earth — to the Heaven", that is, to the Divine, to the Primordial.

¹ *Tao,* in Chinese, is the Primordial Consciousness (the synonyms of this word are the Creator, Godthe-Father, Ishvara, Allah).

Te is the Holy Spirit (or Brahman). A Chinese word Te can mean one Te (one Holy Spirit), several of Them or all of Them in the collective sense.

⁽See *Tao Te Ching*, under the editorship of Vladimir Antonov).

He listened about the Great Love, under the Guidance of Which the interaction of yin and yang takes place, about how Tao loves every being, about how Te nurses and nurtures all souls, about how to cognize Tao and about how that one should live who wants to know all this on one's own experience and achieve the Supreme Ultimate — the state in which there is only the Primordial Ocean That creates everything and includes entirely in Itself every one who reaches It. This Living Ocean of the Subtlest Primordial Consciousness is Tao.

Lao Tse wrote down what he *heard.* Thus the book *Tao Te Ching* was forming gradually...

... Long time ago Lao Tse had left his honorary position of an archivist, which used to bring him the respect of the people and good income. Now he kept a solitary life, which allowed him to be always with his Teacher — Huang Di.

Although Lao Tse lived in the material world, he did not look at it, but at the *Depths*. He looked from the world of matter into that *Depth* from which all the material was manifested. It was the World of the Divine Light and Great Transparent Calm.

There his non-embodied Teacher and Friend Huang Di was always waiting for Lao Tse.

Lao Tse could see Huang Di not with the eyes of the body, but with the eyes of the soul — the eyes of the developed and loving spiritual heart.

Only that soul which has become Luminous Love and Transparent Calm is able to see Te as well as the subtlest and infinite Tao and communicate directly with Them.

Sometimes Lao Tse saw the Face of his Teacher Huang Di. Sometimes he felt the presence of the Divine Master as Love and Peace, which embraced the soul from outside and permeated everything inside it. Sometimes Huang Di appeared as the Transparent Flow of Power rising from the *Depths*.

Now they were always together — the man with a name Lao Tse and the Representative of Primordial Tao with a name Huang Di.

For Lao Tse Huang Di was the closest Friend, the wisest Interlocutor, and the most important Teacher.

Sometimes images from the past of China rose before Lao Tse, and he perceived himself as a participant of those ancient events of his life on the Earth when he was a personal disciple of the Great Emperor Huang Di.

Sometimes the words of the Revelations flowed like a river.

Yet it also happened that throughout the day, Lao Tse managed to write only one sentence. Nevertheless, this sentence gave him the possibility to dive during several days into the meditations of Mergence with Te and of Dissolution in Tao.

Lao Tse gradually got accustomed to living always with Huang Di — in the indissoluble Unity with Him.

From that moment on, Lao Tse looked at the world through the Eyes of Huang Di, assessing people and events from His position.

Sometimes they both stayed in silence... Sometimes questions gave way to answers in a living dialogue...

They were and are always together — the disciple and the Divine Master.

... Do you want to know how all this began, continued and ended?

The First Parable: Let the Ant Pass!

The archivist of the imperial library called Lao Tse was walking along the road and thinking about what he

had read that day. He was completely absorbed and was not looking at the road.

Suddenly, he heard: "Let the ant pass!"

Lao Tse looked down and saw that his foot was over a little ant hurrying to an anthill. He carefully stepped over the insect and looked back to see who had spoken with him. But he could not see anyone around!

"Is there someone here?"

"Yes!" — said the Invisible One.

"Who are You?"

"Your Teacher!"

"Are You the Immortal Who has cognized Tao?"

"Yes!"

"Why can't I see you?"

"Because you are looking around only with the eyes of your body and even forget to look under your feet!"

"So, how can I see You?"

"You need to look with the eyes of the heart — the spiritual heart!"

"But how?"

"Don't hurry! Let's start from the beginning. We were talking about the ant..."

"Does it matter?"

"Yes! Everything has its meaning and purpose! The life of every ant, worm, bird, and plant is not a "pointless fortuity". They — just like you — are here by the Will of Tao! Their lives also contribute to the development of the universe! The one who hasn't learned to respect lives of all incarnate creatures won't be able to take the next step on the Path of the cognition of Tao.

"At present many people on the Earth have become insane, so to speak! Heartlessness predominates in the world: they kill animals, devastate bird nests, and catch all the fish from the lakes, rivers, and seas to eat their flesh! They destroy trees, cutting and burning them without necessity! Senseless destruction of

innocent creatures leads to the transformation of cruelty into the 'norm'! People have begun to consider those things that are harmful for them as "useful"! On the contrary, what is really useful 'does not make any sense' for them...

"Thus the Truth is lost! Thus the memory about the Harmony, laid by Tao in the *Law of existence and* development of everything, is lost! Such behavior of people is contrary to their real interests, but they don't know about this!

"Yet people can correct their lives, following the principles of Love and Harmony!

"You, if you want to, can help them to get to know about the Law of Tao, about the principles according to which people should live in the universe. Anyone who knows this Law may find peace, joy, and harmony in life.

"Why did You choose me?"

"A lot of things from your past life on the Earth connect us! Later on, I'll remind you about the most important of them.

"The one who has already traversed the entire Path can easily remember everything! You will need little time and effort for this!"

"Why was I born here again? Why don't I remember the steps of the Path?"

"You have come into this incarnation with a special purpose. You have the Mission: you will help a large number of people to learn about the meaning of their lives and about how to live in a correct way! You and I will write the book about Tao and Te! Do you agree?"

"How can I say 'no' to God?!"

"Quite easily! A lot of people do this, turning their eyes away from the Heavenly. They look only at the benefits from the material life and thus become prisoners of material things...

"So, do you agree to help Me?"

"Yes! With great joy!"

"I'll take you at your word since it won't be easy!"

"Let me see You! Tell me Your name!"

"My name is Huang Di. I am — forever — your Teacher! I was your Teacher many centuries ago when you lived in a body near Me and learned from Me!

"Now I am ready again to be with you as long as you want it, even until the last breath of your body!

"Together we can do a lot of useful things on the Earth! You will write a book — and My ancient Teachings will be heard again among the people of China! Your words, like arrows from the Abode of the Secret Knowledge, will be hitting destined targets for thousands of years!

"This doesn't mean that the emperors and generals will begin to follow our advice immediately. This doesn't mean that the peasants, the officials, and the traders will change quickly their lives in accordance with these wise principles. Nevertheless, those who will hear and understand them will get the possibility to find the Path of cognizing the Greatness of Tao and walk this Path till the end!"

... Lao Tse was listening to Huang Di and was being born anew, so to speak! That love which connects the Teacher with His disciple flooded his heart with Calm and Bliss. He saw the soft iridescent Light that, shining like the sun's rays in the purest transparency of water, took the form of the Great Teacher Huang Di.

Lao Tse wanted to rush to the feet of the Master, but his ability to see Huang Di left him as suddenly as it had appeared...

"Don't worry! It's enough for today! We will continue tomorrow. Now take a rest..."

The Second Parable: Build the *Heavenly Palace*in Your Spiritual Heart!

Lao Tse was walking down the path unhurriedly.

Invisible for strangers, his Teacher Huang Di was near him all the time.

None of the casual passers-by could hear their conversation.

No one who observed them could note anything unusual.

Lao Tse was recovering gradually his ability to see and hear his Master.

"How do You come here from the Abode of Tao?"

— asked Lao Tse.

"This is easy!" — Huang Di laughed in response.
— "This is much easier than to come in the Abode of Tao!"

Huang Di continued with a smile:

"Love unites so firmly that even the death of a body cannot break this union! All that we love sincerely is securely stored in the memory of the soul!

"I remember you! Now you should try to remember your life with Me in your past incarnation. Try to remember the *Universal Home* where All Those Who have cognized Tao obtain the *Unity!*

"Anyone who at least once has entered into this Mergence in the Abode of All the Perfect Ones retains this skill forever. One day this memory will awaken the soul and call it again to stand on the Path leading to the Mergence with Tao and to the consolidation of this Mergence! Just as a river rushes to the sea, so such a soul, after being born again in the material world and matured there, rushes to the Boundlessness of Tao! Such souls look for the Unity, in which they find their Ultimate Happiness! If we take all the pleasures of the

material world and put them on a scale, they will not be able to match with this Greatest Happiness!

"The wise chooses the Jewel of the Mergence with Tao! The wise prefers this Happiness to all the pleasures of the material world!"

"Can You recreate Your body so that I can embrace You?" — asked Lao Tse.

"I can do everything, but it will be better if you embrace Me without our bodies! Do this with the arms of the consciousness, of the soul! I'm not going to indulge you with the 'miracles for the babies'! Soon you will recall everything, and the events that you now perceive as miracles will be your usual knowledge and style of life.

"Meanwhile embrace Me tightly, My beloved!"

... Great Huang Di, in His Transparent Appearance, stretched out His Arms Himself to embrace Lao Tse.

... Keenness of this contact of the souls was much stronger than similar embraces with embodied people...

Now the Teacher and His disciple merged as souls.

Anyone who has experienced this understands the importance of such an event.

And to the one who has not experienced it yet, it can happen some day...

... Huang Di continued His lesson:

"Now recall what you should do to stay firmly in the *Heavenly Palace*, which you should create from your middle dantyan. There you will be able to see Me and feel Me any time!

"Always remember that the innumerable multitude of the material objects and the sequences of the events are just the outward manifestations of life. A human mind wanders from one external object or event to another. It looks at the past or dreams about the future... Still it's possible to subdue the mind and to teach it to

be in calm! For this, one needs to switch one's attention from the external to the internal...

"This is possible when the mind is immersed in the middle dantyan or, what is the same thing, in the chakra anahata.

"Then one can clear the space and create the *Heavenly Palace* of the soul in that chakra. Only after this, the Infinite Divine Consciousness called Tao can live there by the Part of Itself.

"In other words, the *Heavenly Palace* for Tao should be built in the vast *depths* of the human developed spiritual heart!

"Then one also can live in the *inner chambers* of this Palace without grieving over misfortunes and without rejoicing over successes but knowing the Base of everything — Tao!

"If you invite Me to this home, then I will come there from My *Home* — the Abode of Tao. I'll come to you again and again until you yourself can come to My *Home* and settle in it forever! This is the *Infinite Divine Home* of all Te! There They all are *One*, and this *Unity* is called Tao!

"Thus your spiritual heart can become a *home* for Te, Tao, and you yourself!"

... Now Lao Tse began to submerge himself in his spiritual heart consciously, and not spontaneously, as it had happened before during his contacts with Huang Di when the emotions overfilled him and the entire soul turned into love.

Yet at that moment, this area in his chest was not large and transparent enough...

Huang Di continued:

"Feel the arms of the soul, i.e., the arms of the spiritual heart that are consubstantial with it. You can use these arms to clean this space so that you can invite Me there!

"You haven't cleaned there for a long time. That is why the *inner chambers of the soul* became like a house in which no one has lived for many years..."

... Huang Di left His disciple for a while and Lao Tse began cleaning his *inner chambers*.

Soon they became like a crystal glass room shining like a diamond in the light!

"You have worked well to be able to invite Me!" — Huang Di said manifesting Himself once again.

Then He continued:

"At the beginning, the spiritual heart may occupy little space, but the one who strives to merge with Tao should *deepen* it and then expand it again and again, trying to make it as infinite as Tao!

"Expand your Heavenly Palace with the arms of the consciousness so that it can be decent to invite Me in it and so that you can contain as much of Me as possible!"

... Lao Tse pushed the transparent wall of his Heavenly Palace with his arms of the consciousness, and — oh wonder! — it yielded and moved easily towards the infinity... He did the same with all other walls, then with the floor, and then with the ceiling... He repeated this many times and soon the Freedom, the Expanse, the Light, and the Bliss were all around!

"Now this is truly the *Heavenly Palace!* — Huang Di said with approval. — "You've done it in a very short time, but you should not forget that it will be much more difficult to do the same for your disciples. Some of them will need months for this work, if not years. Now I just have helped you to recall what you already knew in your former life on the Earth. That is why it was possible to do all this so quickly and easily."

"What should I do next? How should I live?"

"You should live with Me, recalling and studying further the Great Path!"

"Where should I go right now?"

"Now turn to the left. There you will buy for yourself a white donkey. Then you should gather writing instruments and set out on a journey. We have a lot of work to do!"

In fact, having turned to the left, Lao Tse found a road leading to a market. He reached it and found himself in the midst of bustle and hubbub of that place. Yet, surprisingly, all this did not disturb the calm that reigned now in the *Heavenly Palace* of Lao Tse.

Feeling the presence of Huang Di, he was walking among buyers and sellers.

Soon he saw a man selling a donkey, but Huang Di said:

"Not this one! Keep going!"

... Lao Tse wondered at his new feelings: he spoke with the Immortal so easily as with an incarnate person! He perceived the presence and the words of Huang Di even more clearly than the noise of the market!...

Finally, they found a cute white donkey.

Lao Tse began bargaining with a seller... and lost the sensation of the presence of Huang Di...

At last, the donkey was bought.

"You overpaid! The former owner was cruel to this kind animal and didn't deserve such a payment!" — Lao Tse heard suddenly. — "Well, for the first one of our concerted actions, it is not bad..."

... Being guided by Huang Di, Lao Tse quickly finished all his affairs and disposed of his property. Then he gathered writing instruments and some food for the road.

The Third Parable: Listen to the Revelations of the Great Silence!

Lao Tse was sitting motionless, leaning his back against a tree. Birds sat close to him without fear and were pecking at rice from his dish. The white donkey was nibbling the lush grass nearby...

Lao Tse was sitting and *listening* to the Great Silence.

Sometimes this Silence became filled with the words of Huang Di.

He talked about Tao, Which is cognized with difficulty by people who are immersed in worldly concerns:

"They do not know that everything here is created by the Will of Tao and exists for It.

"If you speak to these people about Tao, they don't believe you, because they believe only in what they see with their eyes and touch with their hands. However, their eyes cannot see Tao yet, and their hands cannot touch It, since the eyes of the soul have to be opened and the arms of the spiritual heart have to be obtained in order to see and touch Tao!

"Only if one is looking for the meaning of one's own and universal existence, then Tao and Te reveal Themselves to this person. Such a soul then starts walking the Path, and gradually — as it makes spiritual efforts — the Great Invisible becomes visible, the Great Imperceptible becomes perceptible, the inaudible words become audible, and the Great Knowledge opens itself for understanding!

"The Appearances of the Immortals become evident only for the developed spiritual heart!

"There are numerous possible roads in life, but only one leads to the worthy end of the evolution of the individual soul. This is the Path of cognition of Tao with the purpose of submerging into It, becoming *One* with It, and then acting from It!"

"Why haven't I been able to recall anything for such a long time? I've been searching! I've been looking for the purpose of my life and of the lives of all other creatures... I've been looking for the causes of the injustices and evils that happen to people... I've been looking for that which, as it seemed to me, could bring wisdom and peace and fill the internal emptiness with boundless joy... I haven't succeeded, although I kept believing that there was the meaning for me to live here..."

"All this was necessary for you, since it helped you learn to understand other people, who live only in the midst of the material things and endless bustle of events and desires. Even if some of these people want to find a way out, they don't know where and how to search it. Having experienced their problems in your own life, you can now help those who are seeking the way to Me."

"Yes, I've been looking for You all my life! I reread so many treatises but haven't found that one which would give me the opportunity to find You!"

"The spiritual Path starts in the spiritual heart of a seeker. Love that is born there stimulates the spiritual search and growth and allows one to see and choose in life the reference points of Goodness, Wisdom, and Truth!

"I come to those who search and walk!

"I help those who aspire to the ethical purity!

"One should avoid causing harm not only to an ant walking its way. Killing animals to eat their bodies is also causing harm. Surely, for people there is a lot of other — really beneficial — food! For example, by growing and harvesting fruits and seeds that are intended for nourishment, one does not violate the harmony, hurt anybody, or sow death!

"If someone kills animals or at least contributes to this, that person becomes similar to a wild predatory beast. Yet what is normal for the inner nature of a predator is inappropriate for a human being! Those who live in this way descend to the lower stages of the Evolution, since they can't perceive the subtlety and purity of Tao and Te!

"A large number of people honor their ancestors, but the fact is that more simple beings were also their ancestors. Each person grew — as a soul — in the bodies of plants and animals once! So it would be good for people to honor all positive manifestations of life, taking care of them and avoiding causing them unnecessary harm! Let this be the respect for ants, fish, birds, and all other peaceful incarnate beings!

"Tao was the One That gave all them the opportunity to live on the Earth for the sake of the development of the soul and the Evolution!

"The meaning of the existence of everything in the Under-Heavenly World consists in that each soul gets an opportunity to grow and to perfect itself during an incarnate life. Having achieved the Perfection, this human soul flows into Tao, enriching It with itself. Therefore, Tao is directly interested in the situation when nothing hinders the development of every soul.

"The one who wants to progress on the spiritual Path should choose for one's life, being guided by the kindness of the heart, only those things that are right from the standpoint of Tao!

"For example, by following the principles of pure nutrition, let this person strengthen both the body and the soul, obtaining the clarity of the consciousness that stops being obscured by coarse energies associated with pain and death!

"If that person sees something wrong in others, let he or she avoid interaction with it!

"Thus the purity of life, calm, and harmony of emotions are attained.

"There is a very simple rule for living in harmony with Tao: do good to others! Then the good in you and in the whole world will grow!

"In this way, the Treasure that doesn't disappear with the death of the body accumulates gradually in such a person.

"In this way, the soul gets accustomed to living in love.

"In this way, peace is multiplied in nations.

"Those who accumulate virtues accumulate the real Wealth!

"Those who do evil destroy the supports of the ladder that could help them to ascend 'from the earth to the Heaven'!

"However, the ethical perfection of a soul can't be achieved immediately.

"To abstain from the evil and contribute to the good is the simplest beginning that is appropriate for every person. It is easy to learn these rules: don't fan the fire of quarrel, forget offences, forgive, take care of others, doing for them the best you can...

"The ethical beauty makes one valuable for Tao and pleasant for other people!"

"Huang Di! What You are saying is really important!"

"Yes, and you will write a book about this!"

"How? I never wrote any books! I only kept the manuscripts of others!"

"I will help you! I will suggest ideas to you and formulate phrases! Just don't forget to listen to Me and write down the most important!

"You yourself should never insist that people act on My advice. Let everyone, having heard the truth, follow only his or her own understanding!

"You can't prevent errors of the fools! You can't stop the pride of the arrogant people! You can't replace with your knowledge the 'knowledge' of the idlers and loafers, who merely speculate about the Path!

"Only the reasonable people, having cognized the Truth, want to follow it! Yet you will not find many travelling companions even among them...

"Despite everything, your book about Tao and Te will be the source of wisdom for thousands of years! Everyone who is ready will be able to hear My instructions as you hear them now! This is your great service for Tao!

The Fourth Parable: Look over the Horizon!

Lao Tse continued his journey.

That day he got up before the dawn and sat comfortably on the back of his good, white donkey. His bigeared friend rested well all night and now was trotting merrily alone the path.

Soon they came to a beautiful place. It was the top of the gently sloping hill similar to a huge turtle shell.

Magnificent expanses opened in front of them!

The sunrise was visible from that place!

Lao Tse stopped to admire the beauty of the sunrise and got off his donkey.

The sun was rising slowly, lighting up the misty distance with its gentle light...

Huang Di said:

"Yes, many thousands of years ago, people saw the sunrise like you now...

"Today I suggest you to start a new life with Me! For this, you should know Me better!

"Be attentive to what I will offer you to do and feel Me all the time! Let your arms of the spiritual heart embrace your Teacher constantly! And the Teacher opens for a worthy disciple a passage into the worlds of the Transparent Calm and of non-material, Fire-like, and Divine Light. This Light is similar in its color to the light and tenderness of the morning sun that you are contemplating now."

* * *

"Look, in a distance, where the sky touches the earth, there is a line that is visible for the eyes but non-existent in reality. This is the horizon. You can try to approach it with your material body, but in this way you will never get to the 'end of the Earth'.

"However, this line can open for the soul a passage into the worlds of Light — into those spaces where Te abide.

"If you, as a soul formed of the spiritual heart, look beyond the horizon of the material world, to that place from which the sun rises, a passage into non-material world of subtlety and Light will open! This is the Divine Light!"

Lao Tse perceived himself as a soul free from the material body and found himself in that place where the Light is born! This Light was rising as if from "the abyss behind the edge of the flat Earth". In that "abyss", in the *depth*, there was the Infinity of the Divine Light similar to a giant boundless Sun...

"What should I do next?"

"Jump into this Light!"

... The Infinite Light embraced Lao Tse... He submerged deeper and deeper into It with the help of his huge arms of the great soul... He became this Light and looked from It, being It, to the direction where his material body was standing at the boundary between the world of matter and the worlds of Te...

... Lao Tse made an effort and looked again through the eyes of his material body. He didn't see any abyss... Only the rising sun was caressing and warming everything...

... Then he returned to the state of the meditation given by Huang Di. The shining Infinity appeared be-

fore him. Having submerged into It and become It, he himself now could be the Source of the Living, Divine, Fire-like Light of Love!

... Trying not to lose this state, Lao Tse continued his way.

The Fifth Parable: Huang Di — the Great Emperor of the Under-Heavenly World

The donkey was trotting forward slowly.

Sometimes it stopped to refresh itself with another portion of grass. Then Lao Tse got off and let it graze.

Lao Tse strove to cognize all that Huang Di opened for him as rapidly as possible.

He often asked Huang Di about his past incarnation, about those lessons of discipleship...

That day, when they again made a halt, Huang Di allowed Lao Tse to see pictures of that distant past in which Lao Tse was one of the disciples of the incarnate Great Emperor of China.

* * *

... The procession was moving slowly and solemnly. The Emperor Huang Di, sitting still in a ceremonial dress on an eminence, contemplated it. Masses of people were passing by like a river. The solemn procession seemed to be endless.

"An incarnate God has come out to people! How can He bear such endless ceremonies? Will I be really admitted to a personal meeting?" — Lao Tse recalled those events as clearly as if they were happening to Him again at that moment.

The ceremony ended. The guards led a few invited people into the inner chambers of the palace of Huang Di.

Only many years of meditative practice allowed Lao Tse to overcome agitation and enter the room calmly... Several disciples were already there.

Huang Di tenderly looked at the newcomer. He seemed to be different, not that deity from the festive ceremony. Although the Divine Greatness and Calm were like Transparent Ocean around His body, He was also just a wise and kind man.

Huang Di said:

"I am glad to greet you all here! The fact that you were invited indicates your substantial progress on the Path of cognition of Tao. I hope that they didn't forget to accommodate you and feed you in the bustle of the festivity!"

... It was quite surprising to observe how His Universal Greatness combined with an understanding of the common human needs of His students.

... Very soon new disciples of Huang Di got accustomed to His corporal appearance and to the living presence of God in a human body. His presence near them was no longer a heavenly miracle that caused stupefaction because of piety... They could ask questions and listen to His answers, and they did not lose their power of speech when the Divine Ruler of the Under-Heavenly World addressed any one of them personally.

... During the learning process, He sometimes invited them to the room for conversations. Other times He carried all of them together with their bodies — by His Power — to other places of China, to the mountains, valleys, or to the ocean shore, and then His lessons took place there.

... Now Lao Tse saw himself among the disciples of Huang Di. They were in the room for conversations and were listening to the words of the Great Master.

Huang Di was sitting next to them like an equal among equals and spoke. It was as if there was no distance between the Immortal Master and His disciples. By this, He also helped them to ascend to the heights of His Divine Awareness.

The Ocean of the Living Light of Huang Di was above and below in relation to our planet... His Bound-lessness stretched throughout the whole Under-Heavenly World! Yet He was also in His body by a Part of Himself. He was sitting with His disciples in one room, explaining to them the fundamentals of the Path. The Great Soul, Which permeated everything that exists with Its Living Light, was fixed to a human appearance!

As soon as any of the disciples opened the gates to his or her spiritual heart — the *Heavenly Palace* of that disciple became filled with the Love of Huang Di!

Here He was — the Divine Emperor of the whole Under-Heavenly World and the Emperor of their lives!

His eyes were calm, and when He smiled slightly, His Bliss embraced them all.

"Whenever you lift your eyes to the sky, remember that the Heavens exist around all the Earth and within it. I fill them!

"I embrace everything with My Heart!

"Such is My Omnipresence!

"No matter from where you call Me — I immediately can come at your call!

"I am above everything and under everything!

"I am not the only One! There are other Greatest Souls! Yet it is always easier to call that Friend Whom you know well!

"Now you may ask questions — and I'll answer to you."

One of the disciples asked:

"Why do almost all people live their lives as if Tao and Te didn't exist?"

"The Appearances of Te are not visible for a person with an ordinary sight! Only loving, gentle, refined and great spiritual heart gains the ability to see Them!

"Diseases and other afflictions can easily overcome a body that carries inside it a little soul.

"Those who do not feel joy and Light but look only at their problems and sorrows, seeing only darkness, are also unstable in their lives.

"People should study and practice the ways of the purification of souls and bodies! Only then joy will come into their lives!

"The art of living and growing by soul — stable in subtle and tender love — becomes the great support in life! A person who lives like this will be able soon to see Immortal Te and rely on Their Guidance on the Path of the cognition of Them and Tao!

"Such people, as souls, begin to blossom and obtain for themselves the unshakeable Base of all things—Tao!"

... Huang Di looked at another disciple and he asked:

"How should we help people? I ask this because only very few of them want to hear sage advice! Moreover, even those who have heard it usually object and don't do the things that could benefit them!"

"Those who are weak and irresolute, those who haven't matured on the terrestrial roads, and those who seek only self-assertion and are obsessed by the passion for the worldly should be left to their fates. Don't try to help them to reach those peaks which are beyond their strength!

"At first, every person develops slowly. People experience what they wish and need to experience. Through this, they obtain — life after life — a lot of different experience: sweetness of success, bliss of happiness, bitterness of defeat, sadness of disappointment... Only afterwards, the time comes when nothing attracts them inside the world of things; nothing can

evoke in them a desire to possess something else material.

"Then such people start seeking the meaning of their existence and turn their eyes of the soul to Tao! In that case, Te bring them to the road of knowledge.

"Not all people need the Truth about Tao, since not all of them can withstand it right now! A soul has to grow in its personal evolution up to the stage when the passion to cognize Tao rises in it! It's impossible to teach this!

"You should learn to see and find those who really need the Path."

... Another disciple asked:

"I want to know if one should renounce worldly riches and if the material wealth is an obstacle on the Path."

"As long as worldly wealth doesn't 'bind' a soul — it can be useful. However, how many of those who, owning gold and silver, palaces and lands, jade and jasper, are free of those material objects?

"On the other hand, a poor person is also not free from the worldly. The poverty fetters one's personal development even more, since the one who is poor is constantly concerned about what to eat and where to get money for living. This 'attachment' to the worldly causes even more harm to this person than the excessive possession of the worldly things!

"To be truly free from the worldly, such a person has to acquire it first...

"Moreover, those who have never obtained anything important of the worldly things haven't learned yet to use correctly their property... That is why there is little hope that they will be able to accumulate spiritual treasures and use them properly! For example, they won't be able to give the accumulated sacred treasures to Tao, Which sent them to the Earth for their education!

"That is why souls don't come to the Earth only once. By incarnating many times, they should learn a great deal both in the material world and in the worlds of the Divine subtlety.

"Among other things, they should cognize love in all its manifestations. The one who is skillful in the earthly love can become skillful in the heavenly love. On the contrary, the one who is not skillful in the worldly love will not be able to comprehend and manifest the power of the transforming spiritual love!

"For this reason, people first learn to love in small things, where joys alternate with sadnesses.

"On the other hand, the one who really has cognized and realized in oneself the Divine Love cannot be upset by anything! It is so, because that person acts according to the Will of Tao!

"... As for those who are not ready yet for the Great Path — they can serve Tao with their deeds. It will make their lives even better now, and their future destinies excellent! By serving in this way, they will plant good seeds in their destinies: the good that is done now will produce fruits for them in their future lives on the Earth.

"The destinies of those who serve Tao by every possible means are pure and beautiful!"

The Sixth Parable: Find the Treasure!

One day, riding on his donkey, Lao Tse saw people digging zealously under the ancient walls.

"What are you looking for?" — asked them Lao Tse.

"If you are a sage who can see through all things, then tell us where the treasure is buried here."

"Is it worth to spend so much effort on a treasure hunt? Gold and other jewelry will not make you better

or happier! If you dug up the ground and planted some seeds, the land would reward you with the harvest for your hard work. You would be well fed and happy and be able to live in calm. Why do you want to obtain what you haven't created?"

"We don't need your sermons! If you can't see through stones, then don't play wise and go away!" — the treasure seekers became outraged.

... Lao Tse realized that these people did not need his words and went his way.

However, he recalled that once he read about the great Treasure that must be found by a person who seeks Tao.

"Huang Di, tell me about the Treasure mentioned in the ancient tales. They say it has to be found on the Path of cognition of Tao. They also say it is like a spring that lifts the mortal to the cognition of the Immortality."

"You've asked a good question! It's just the right time for it," — replied Huang Di.

Lao Tse dismounted from his donkey and wanted to start writing down the words of Huang Di, but He stopped him, saying:

"Don't write about this Treasure now. Just hear Me out.

"The time has come for you to know this. It will also come — when it should — for every seeker of Tao. Then they will hear My words and see the priceless, sacred depository of the energy of consciousness that they have accumulated during many lives in many bodies...

"Every person, living in the world, begins to collect — incarnation after incarnation — precious particles that make up this Treasure gradually.

"By loving unselfishly and tenderly, souls grow as the spiritual hearts, preparing themselves for the life in paradise. By giving bliss to others and admiring the beauty, they become subtle, approaching gradually the Abode of Tao. Thus the consciousnesses grow, enriching themselves with the best, subtlest components.

"To prevent spending all this real wealth of the soul on worldly affairs only, some of this energy is saved for the future — for the activities on the Path to Tao.

"A lot of people have this Treasure, but only few of them know about it.

"Some people have more of it, others less...

"If a treasure is buried under a house, but the owner of this house doesn't know about it, that owner can't get any benefit from this treasure. In the same way, if a person doesn't know about the real Treasure, that person can't get any benefit from it!

"And there is no point in trying to find this Treasure in order to use it in the material world.

"Only the one who knows the essence of this Treasure and is able to use it for one's own real spiritual progress can be its owner.

"People don't need much in the entire material world, but they don't know about this. They are looking for a lot of things but of little significance, whereas the great Treasure is near them! This Treasure gives the power on the Path to the worthy one. In India, yogis know it as *Kundalini*.

"However, if people who are unworthy because of their negative qualities of the soul try to use this 'spring' — the great power of this Treasure— to dominate others, then this force will throw them to the foot of the stairs that lead to the Heavenly... Their existence will become miserable and their destinies sad... They will fritter away their lives and have to begin accumulating this Treasure again..."

"Do I understand right that a person who has found this Treasure can't return to a usual worldly life?" — asked Lao Tse.

"If a good person chooses a worldly life and wants to return to the external, Te will never stop this

person. Everyone is free to make his or her own choice...

"Nevertheless, it is impossible to take into a material life those riches that were intended for the Path to Tao. If not, they will disappear, become elusive, so to speak. This is similar to the situation with gold and pearls, jade and jasper, which can't be brought into the worlds of Tao and Te! *There* different 'gold' shines!

"The Treasure that is lost by a person because of the wrong choice is saved for him or her in the Absolute, and later on that person will be able to find it again in the next incarnations.

"When the soul is ready, I give it this Treasure, and all Te are always glad about the successes of everyone on the spiritual Path!"

... Huang Di continued His explanation, directing the attention of Lao Tse to the subtle worlds:

"Look, here is your Treasure! All your anterior subtle states of the consciousness — drop by drop — have created this sea of diamond light, which is stored in a special huge container that extends in the depths of the multidimensionality. Now unite yourself with this Divine part of you!"

In the depths under his body, Lao Tse saw — with his sight of the soul — a huge reservoir that was filled with radiance and that looked like some diamonds sparkling in the sunlight. He touched this Treasure with the arms of consciousness — and the bliss overfilled His body... He perceived that the diamond radiance was turning into the flow of radiant and transparent Heavenly Bliss and was uniting with the embodied part of the soul...

Huang Di recommended:

"Now make a comfortable place to lie down and let this Heavenly Bliss pass through all parts of your body. Whenever you unite with the Divine part of yourself, you will be able to use all the power and all the skills of the soul that has been accumulated by you during many lives, during all the time of learning from Me!"

Lao Tse spread a rush mat and lay down comfortably.

As soon as he placed his arm of the consciousness into the container with the Treasure, the flow of Bliss filled again his body up to the top of his head and poured from there... It was as if his body had become a transparent hollow vessel, and the diamond shining stream was flowing through it like a spring river that has broken the ice...

For several days, Lao Tse lived in this Blissful Mergence interrupted only briefly.

Now he could experience himself like the Great Te, by becoming a huge consciousness consisting of Light. This consciousness could take the form of a human body and had a face and arms. Thus he could stand above the earth, touch and cleanse his material body with the arms of the soul...

It seemed to him that he had achieved the compete Divinity and that nothing would ever shake this state!

It seemed to him that he had cognized everything, that the Perfection had been attained and that the Supreme Ultimate had been reached!

Huang Di did not "open his eyes" since his disciple really was in the state *similar* to that of the Great Te. Yet... this was only a small separate "drop" of the Great Ocean of the Divine Consciousness — "drop" with name Lao Tse.

To flow completely, together with the obtained Treasure, into the Ocean of Tao, Lao Tse still needed to work hard.

The Seventh Parable: Trials Will not Cease until the Very End of the Path

Time passed by. Daily meditations became a usual work for Lao Tse.

Nevertheless, at some point he noticed that his ceaseless efforts did not bring him the same joy and satisfaction anymore...

On top of that, the weather had changed: the rain had been falling for several days already...

Even the donkey did not like the gusty wind with the rain and the slippery clay under its hooves.

The cold penetrated the body of Lao Tse wearing wet clothes, and the nights spent under the open sky did not give him any rest.

It was harder and harder to meditate, although he tried his best.

Lao Tse could not understand what Huang Di wanted from him, and when he asked the Master about this situation — the silence was the only answer...

Lao Tse tried to overcome fatigue, but...

Finally, Huang Di said:

"So, are you tired of all this? Do you want to return to your old life and forget about the Path to Tao?"

"No! Of course, no! But why is everything so bad?"

"The fatigue or the diseases of the body hinder the spiritual work. It's necessary to maintain the body's energies in good conditions.

"Enter the house and take a rest! After that, we will discuss all your problems."

... Suddenly, an old and abandoned house appeared before the weary travelers.

Lao Tse came in and looked around. It was dry and quiet. The dampness and the wind did not enter

here. Only the steady sound of rain was heard through the walls that were damaged in some places.

A large pile of fresh hay was in the corner. Thus Lao Tse got a warm bed, and the donkey a good supper under the roof...

"Thank You, Huang Di!"

"I accept your gratitude and, answering your question, I will say that it was just a little test."

"But I thought that all tests were over a long time ago because I am totally with You!"

"Testing doesn't cease until the very end of the Path. A possibility to fall, to abandon further efforts or to make a wrong choice is also a part of the Divine 'roasting' of the soul, which it must pass in order to achieve the Divine Perfection!

"Well, now take a rest!"

... The donkey began eating its supper.

Lao Tse also chewed and swallowed some rice flatbread and then fell asleep.

He dreamed about the space of the Blissful Light in Which he was soaring like a bird and resting as a soul. Meantime, his body also restored its strengths...

* * *

Closer to the morning, Lao Tse saw himself among his friends during one of the lessons of Huang Di.

They met again in the room for conversations.

Huang Di said to His disciples:

"Today we will talk about some important aspects and conditions of mastering the stages of the Path. It will be useful both for you and for your future disciples.

"Routine and monotony of spiritual exercises and efforts directed to the service can hide Me from a seeker. This is similar to the situation when gray thick clouds hide the light of the sun for a very long time...

"However, even in such situations one should never forget that all spiritual efforts can produce the correct results only if they are made by the soul that persistently transforms itself into Love!

"I don't come to those who don't love Me!

"So that one who forgets about love will embrace only... the dead emptiness in the meditations. That person won't get satisfaction from such spiritual work and may even consider as wrong the methods and the very formulation of the Purpose and of the tasks of spiritual efforts...

"The problem in these cases is rooted in the loss of love for Tao. If one loses the state of this love even for a moment, then that Sacredness which was almost in the hands becomes imperceptible.

"'I' of the soul and the Infinity of Tao can merge in the indissoluble Unity. Yet the only way to achieve this is love!

"Therefore, one needs to return again and again to the state of love for Tao, especially in difficult situations.

"As a result, the state of Mergence with Tao may become habitual.

"On the way to that state, one should learn not to oppose oneself to the Will of Tao in anything, neither in large issues nor in small!

"After that, on the next big stage of selfperfection, a practitioner should learn to live coming out from the Infinity of Tao. But this also can't be achieved immediately.

"Initially, each soul evolves being an individual. This is necessary for its qualitative development and quantitative growth.

"And only that soul which has become very large and has obtained all Divine qualities can dissolve itself completely in My Transparent Calm!

"At the beginning, those who explore Tao come to Its Abode as guests. The Great Te, on the contrary, come and disappear in Tao, because They return to Their common Home! This means that They have become the Hosts since They have learned how to be in Unity with Tao all the time! They can also *proceed from* the Abode of Tao to act in the material world.

"Let Me add that while a human body hasn't been filled completely with the Divine Calm of Tao, it can be affected by adverse factors.

"The destruction and death of a body — by themselves — don't cause harm to a soul. So don't be afraid of the death of your body!

"Yet bodies are given to us as a means that allows us to grow and perfect ourselves. That is why we should make effort to keep them healthy and strong. One should eliminate fatigue and illnesses, without yielding to them!

"A material body is necessary for a person to traverse the spiritual Path. Therefore, a body should be treated with care as some sort of dress given to one by Tao for one's entire life on the Earth."

* * *

At that moment Lao Tse woke up. The joy because of the gained understanding overfilled him!

The sun was shining outside and water drops were sparkling on wet leaves.

Lao Tse washed his body under a small waterfall flowing from a mountain ledge.

He felt truly awakened and began washing himself, like with water, with the streams of the Light of Love coming from the Heavenly Source. Sparkling streams, which gave Bliss, were flowing and flowing through his body and around it...

Lao Tse realized once again that the Great Te are always ready to help abundantly to those who seek purification!

The Divine Light of Love pervaded the body and the soul so that Lao Tse felt the unquenchable desire to give this Light to all living beings, including all the people who live without knowing about this great Light of all Te! These Te are always ready to help with the healing and transformation of the bodies and of the souls and to open the great Path of the cognition of Tao!

Lao Tse saw a peach tree in bloom. Its flowers opened themselves to the sunlight and were giving their beauty and fragrance to everyone. Lao Tse experienced himself like a similar tree, which just yesterday stood bare and was absorbing with its roots the moisture from the depths but today bloomed with fragrant flowers!

He used this image as the basis for a new meditation: he stepped into the depths of the Light-Fire, already cognized by him, dissolved himself in It and began to ascend, being this Light-Fire, to his own body and to pass through it.

The streams of life-giving Divine Love were flowing inside and started opening in the chakras like buds full of bliss and purity.

A minute later the energy channels of the body became filled with this radiance. Lao Tse felt as if the spring and fragrance flowed into every corner of his body! Now the Light-Fire ran freely inside all energy channels.

Lao Tse experienced himself filled with the Light — and this Light was longing to radiate outside!

A not young body of Lao Tse acquired incredible lightness, youthful flexibility, and mobility and started radiating Light so that the halo of Love-Bliss covered all the space around!

Huang Di praised His disciple:

"Well done! You've demonstrated your creativity and come really close to mastering the meditation 'Tree'.

"To do it, you should see now how all living beings on the Earth get the life strength from Tao, like growing plants. This meditation should be started from the Sea of Light-Fire or from the Ocean of the Great Calm of Tao. As you master it, you will experience all the beings of the Under-Heavenly World as small branches of the great Divine Tree.

"By mastering this meditation, you will be able to restore the work of the internal organs of your body and make them function harmoniously. You also will be able to heal other people.

"Still you need to remember that energies flowing inside the bodies of different people are not equal in the levels of their subtlety but correspond to the state of the soul that lives in that body.

"If the level of subtlety of these energies inside the body corresponds with the Transparent Calm of Tao, the matter of that body will change gradually as well.

"When all chakras and main meridians are purified and all three dantyans are developed and refined — you can fill completely, by using that image of a tree, even the smallest energy channels of your body. In that case, the Divine Power of Tao will permeate the entire body from inside, saturating its flesh with the Divine state.

"Thus, after a while, the matter of this body will become totally Divine. Such a body then will obtain the immortality, and the owner of this body all the qualities of Tao, that is, Love, Omnipresence, Omniscience, and Omnipotence!

"In this way Tao gets the possibility to act through our bodies inside the material world in the most effective way.

"However, you still need to work hard to achieve this."

The Eighth Parable: Huang Di's Lessons of Healing

This time Huang Di stopped Lao Tse near a village. He pointed to a poor and rickety old shack on the outskirts of it and said:

"Today we will spend the night there."

"Why? We've always shunned villages, keeping the solitude, since the calm of the life with Tao shouldn't be perturbed by the vanity of a worldly life!"

"What was good for a certain period of time not necessarily will be good always! It is wrong to be too attached to certain rules — either in meditation or in your daily life!

"Ask the owner to let you stay overnight in this house — and you will know the reason why we came here. It is time to change something in your life: now you can start learning to help people."

Lao Tse knocked on the door, but there was no response. Only after a long period of silence, he heard shuffling footsteps, and a haggard old man opened the door.

Lao Tse came in and saw a woman — evidently the wife of that old man — sitting at the bedside of a sick young man.

Lao Tse guessed that this young man was their son and that he was seriously ill.

The old man said:

"He is our only hope and support in our old age... But now he is dying! We prayed to all gods whom we know; we evoked the spirits of our ancestors; we gave all our savings to the healers, but no one could help...

"Could it be that Heaven finally heard our prayers and you came to save him?"

... Lao Tse did not expect such a reception and such a course of events...

He called Huang Di for help and got His answer:

"Give him My drink and immerse yourself in meditation. I'll teach you how to heal this young man..."

Lao Tse took from his bag a vessel with a potion made of mountain herbs, which Huang Di taught him to prepare, gave it to the parents and told them to give some of it to the young man from time to time.

The old thanked the guest as if the miracle already had happened!

"What can we do for you, holy traveler?"

"Now I will ask Huang Di to help me with the healing. If you take care of my donkey, that will be enough..."

Then Lao Tse submerged into the meditation of Mergence with Huang Di...

Yet, instead of direct instructions on how to heal the sick man, Lao Tse again saw the pictures from his past... The material world disappeared completely from his perception...

* * *

They again were having a lesson in the room for conversations.

"Why Lu isn't with us today?" — asked Huang Di.

"His wife fell ill and he stayed with her," — one of the disciples replied.

"But if he had come here, You would have helped him to learn how to heal her. What will happen to her now?" — said another.

"Will You help his wife, Huang Di?" — a third disciple asked.

"I will, but not right now... All events — troubles and joys — don't come into one's life by chance, but in accordance with the Will of Tao and by means of Te! They can teach a lot of things to the one who is willing to learn.

"Until a person learns lessons from all these situations, it will be very difficult to help him or her...

"Lu knew a lot about the Supreme, and it was his right to make this choice. The consequences of this choice will form his future destiny.

"As long as one person is attached to another rather than to the Infinity of Tao, this person should stay among the worldly, in the circle of births and deaths...

"To find the real Immortality, tenderness, care, and the help to other beings should obtain another Base — Divine Primordial Tao.

"If now any of you manages to convince Lu that his love for Tao should be stronger than his love for his wife, and even if he follows this advice and leaves the worldly because of the external indication, but not because of the internal choice of the soul, then the similar situations will repeat again and again in his life.

"It is wrong to pull people to Tao! Each flower blooms in its own time, and the fruits also appear when they should!

"Tao patiently waits for the time when each soul blooms!

"... And now we can practice our healing abilities."

Huang Di pointed with His Arm of Consciousness to a shepherd who fell from the mountain and injured his legs severely.

"Let's visit this place all together!" — said Huang Di.

In a moment — by Huang Di's Power — they were carried to the place in the mountains where the body of the shepherd was.

Huang Di approached the moaning man and passed His hand over him. The shepherd became quiet...

"Is he dead?" — asked one of the disciples.

"Not at all! Look closely! He just has fainted. The soul left the body for some time, but this is not death. Now he won't feel any pain.

"Look at his body with the consciousnesses and find the places of fractures as well as of other injuries."

... Huang Di observed how His disciples joined the broken bones...

When it was done, He said:

"Observe now that a body has numerous energy channels through which vital energy flows. Connect these channels in the sites of injuries by using your arms of the soul. Try to make this so that energy can flow freely inside all channels."

... Huang Di kept explaining while His disciples were working, and half an hour later, the shepherd stood on his feet!

He started looking anxiously for his flock and became slightly scared after seeing the strangers. However, when one of the disciples pointed to the herd of goats, he calmed down, thanked with a bow, and went away...

"Huang Di, why have You made it so that he couldn't remember the miracle of healing?"

"It wouldn't have helped him. He wouldn't have become better due to this, since his mind isn't capable of understanding how he was healed.

"This lesson was for you rather than for him.

"You saw how you can use the Power of Te for healing.

"At the same time, you should remember that it can't be done without the consent of Tao!"

... They came back to the room for conversations in the same miraculous way.

* * *

Here they met Lu who was waiting for them... Feeling guilty and sad, he fell at the feet of Huang

"Huang Di, help me! My wife is very ill! No remedies could help her! Save her if possible!"

Di.

"Get up, Lu! You are still My disciple, so behave with dignity!"

Lu, wiping his eyes, stood up and made an effort to calm down his emotions. Finally, he managed to do so and, being in the deep inner silence, bowed before Huang Di.

"That's better...

"Love for individual creatures is truly beautiful, Lu.

"However, it should be developed into the Divine and infinite Love devoid of human attachments and conventionalities!

"This kind of Love knows no barriers! Its possibilities are enormous!

"Besides, as you've heard many times, the death of the body doesn't mean that someone parts from you or that someone's life ends. Now you can really understand this..."

"Yes, Huang Di! While I was waiting for You here, I understood a lot..."

"Yes, you've learned a lot and it is good! But you've missed the lesson of healing, Lu, and we all have to repeat it for you."

Huang Di addressed all His disciples:

"Look, we don't need to be close to the body of a patient to heal that person... We can just — being merged with the Light-Power of the Great Te — bring, from below, the Arm of Consciousness close to the body of that person...

"Here is the wife of Lu...

"Act attentively! Now we can cast out all the energies affected by the disease from her body and replace them with Light.

"There is the Will of Tao for this..."

At this point, Lao Tse realized that he was again in the room with the sick young man...

"Now do the same by yourself" — he heard the approving voice of Huang Di. — "When I say 'yourself', I mean that you — as a spiritual heart with gentle arms — should feel the Infinite Divine Power that flows and works through you. Don't worry, I will help you to understand what to do and how..."

Lao Tse began working.

Half an hour later the young man opened his eyes and uttered his first words.

- ... After that his parents started believing in the existence of miracles. They were not capable of something more yet, but love-reverence for Tao and gratitude to Huang Di and Lao Tse filled and lit up their lives from that moment on.
- ... The next morning, Lao Tse wanted to leave the house where he healed a person for the first time, but Huang Di stopped him:

"Through you, Te prolonged life of this young man in his body. Now you should teach him something I taught you. This is especially important for him! If not, he will become a debtor of Tao and Te."

... Thus Lao Tse found his first disciple.

The Ninth Parable: Pearls of Wisdom are the Seeds that Can Sprout

Lao Tse began explaining to the recovering young man the laws according to which everything in the Under-Heavenly World lives.

He told him:

"Tao is the First Cause of the existence of the Earth and of the creatures that inhabit all worlds, both material and immaterial ones. All this is created by Tao and develops according to Its Will...

"Yin and yang live in harmony. Their mutual attraction can be called love. This love is the greatest motive force in all that exists.

"Te permeate with Their Light and embrace with Their Love everything in the Creation. They maintain order and control all events, but They don't intervene in all of them.

"The destiny of every person is created by him or her through the thoughts and actions of that person. The destiny of everyone is the result of the manifestation of his or her free will.

"The Great Te carry out destinies, creating educational situations for incarnate people.

"The first direct contact with the Immortal Te, the first immersions into Their Love and Bliss overwhelm the soul by the great miracle of touching the Divine!

"However, after this a seeker can move to the Perfection only through personal ceaseless efforts.

"It's not possible to reach that place where the Great Te come from by common roads! The real Path is hidden from the eyes of fussy people and inaccessible for those with impure thoughts.

"Only the one who is full of love, steadfast during difficulties, and moderate in desires has a chance to traverse this Path fast!

"The Heavenly, Which is hidden from the ordinary eyes, is not a half of the world but much more!

"Tao manifests Its Will in everything that exists, but only those people who dedicate their lives to the cognition of this are capable of cognition of Tao.

"This process should be started with the comprehension of the difference between good and evil, as Tao understands them. Such comprehension will become the guidance in life and allow avoiding many mistakes and losses.

"The Path to Tao can't be found through searching in the material world.

"And it is very important on what you will spend your life here!

"Have you ever thought about what will happen when your life in this body comes to the end?"

"Yes, when I was sick, I thought about this. When I almost died, it seemed to me that I had glanced at the worlds where the souls live without bodies, where our ancestors live... I realized then how important it is to find the meaning of life in order not to waste our years on the Earth on idle concerns or amusements."

... When the young man fully recovered, Lao Tse taught him special techniques that allowed one to develop the energy of consciousness.

He said:

"A human body has seven chakras-cavities. They are like vessels in which vital energies are accumulated and then directed to the different parts of the body.

"These cavities and the channels through which energy flows should be clean and bright. In this case, a human body will be healthy.

"Learn to move yourself as soul to each one of these seven cavities and to look forward and backward from each one of them like out of a window."

... When the young man mastered this, Lao Tse showed him the next exercises:

"The energies inside and outside of our bodies can be perceived like air-light. If you inhale and exhale this air-light through your arms, legs, trunk, and head — you can make everything inside your body pure and filled with the radiant light. Then both the soul and the body will obtain purity and strength.

"The inner purity changes a person and gives him or her health and longevity, among other things."

... The young man was an able disciple and learned quickly how to control the movement of the consciousness. From that moment on, he could easily direct the flows of consciousness — like streams and rivers of light — and make them pass through his body.

After this, Lao Tse explained to him new methods:

"Have you ever observed the apparent motion of the Sun around the Earth? This is an illusion, but it can, by analogy, help you to learn to rotate your energy through the orbit around and then inside the body, filling it with light.

"Place your body properly and let the shining light rise behind your body and fall in front of it.

"Do this until the whole space around and within your body becomes filled with the light and starts emitting it."

... Then Lao Tse taught his first disciple the most important, that is, to expand the spiritual heart, by transforming it into a huge *Heavenly Palace* in order to be able to invite Huang Di and other Te into it.

* * *

Many people from the surrounding villages got to know about the wise man and came to listen to the conversations of Lao Tse and to learn from him the miraculous methods of healing bodies and souls.

He often asked questions to his audience, and people began to think first by themselves before getting a ready answer from another. For example, he asked:

"Why do we consider some events as evil, others as good, and to some of them we remain indifferent?"

"Have you ever thought about what should motivate people to act in a good way?"

"Everyone has heard that a person doesn't need only food for the body but also the nutrition for the soul. What kind of food feeds the soul?"

... Lao Tse always taught to understand the ethical laws of Tao first, and only then he offered the meditative techniques that helped to master these ethical laws:

"Changes begin from the inner. When one changes the state inside oneself, changes start happening in one's life and around that person.

"The equilibrium and quietness of mind are achieved through submerging the consciousness into the spiritual heart.

"The usefulness of the inner calm is great! When it's achieved, no anxiety from the material world can shake the inner calm of this seeker! No noise, discords, or talks can perturb the silence that was attained inside!

"Those who are capable of learning transform calm into power, adversities into lessons, and successes into the mastered steps of the Path.

"Joyful harmony and bright serenity are obtained by those who accumulate virtues instead of earthly gold.

"Happiness is a quality of the soul dwelling in its abode — the spiritual heart, where only love can be born!

"Grief can't penetrate into this heart since that place is already occupied by love!

"If one has chosen the way of love and mastered it, then one will withstand any difficult situation, without loosing the Essence, since this Essence can be perceived only in the purity of the spiritual heart!

"Those who know about the true meaning of life won't engage in what is meaningless and useless. On the contrary, they will do only what is useful, that is, only those things that bring good, as Tao and Te understand it!"

... Soon the small shack on the outskirts of the village turned into a place where people came from distant and nearby lands, looking for the answers to their questions, as well as for the healing of souls and bodies.

The old parents of the healed young man now took care of the guests who visited Lao Tse. Their lives became filled with joyful labor, and their old age was lit up with love and gratitude of many people, as well as of Tao and Te...

* * *

Nevertheless, the time arrived for the lessons of Lao Tse to come to an end, and he had to leave his transformed disciple.

The young man learned to perceive the Great Te and to listen to Their advice!

He began — as he could — to do what Lao Tse did helping people.

However, he was really sad, saying goodbye to his Master:

"I still know very little and can't do many things! How then can I help others?"

Lao Tse answered:

"You've learned everything that you need now. In due time, you will get to know all that I know and, perhaps, even more. It is so, because now you know the way to learn all this. You can do this most successfully through helping others. All secret knowledge will be revealed to you by the Great Te when you are ready to understand Them correctly and use it properly!

"Don't deviate from the Truth in your life! Follow the principle of good and justice! In this case, Tao will guard your peace, and your actions will be guided by the wise Te!"

"Huang Di used to tell me this:

'We should learn to experience the coessentiality with everything, trying to see situations through the eyes of Tao and Te.

'In this case, you will experience everyone whom you meet as clearly as yourself. You will see the thoughts of this person and understand his or her desires and abilities.

'Moreover, you will know the attitude of Tao towards that person and see what good you can do for him or her.

'It will be clear for you if you should help this concrete human being in his or her good intentions — or just allow him or her to do foolish acts and leave that person to his or her own destiny created by himself or herself.

'This is how people's destinies are formed. Destiny "follows behind" the thoughts and actions of each one.

'There are no accidental significant encounters in life! Through these encounters, the Will of Tao comes to people.'"

... Then Lao Tse continued his journey on the donkey.

The Tenth Parable: About Pride, Humility, and Ability to Dissolve Oneself and Merge with Tao

Lao Tse kept traveling.

Now he often stayed in those villages or towns to which Huang Di pointed. His fame of a healer and wise man grew and spread...

Huang Di taught His disciple:

"Don't reveal the great secrets to the unworthy!

"Besides, you should not rejoice too much over the glory that surrounds your abilities at this moment! Don't forget that you've learnt all that you can do now through the communication with Me, thanks to Me!

"Only great humility and great love allow one to obtain the Great Power, Which is the same as the Power of Tao!

"A disciple should never lose impeccable humility! It is the guarantee of great victories over oneself! It is the basis of the correct achievements in the transformation of the soul!

"You should agree with Tao completely. If you do this only partially, this will result in a dangerous breakdown.

"If a person starts presenting his or her will as the Will of Tao, he or she stands on the path that leads to the downfall, which will absorb imperceptibly all previous achievements of a soul.

"Only complete humility before the Supreme Will is the cure for this deadly disease — pride.

"The proud and selfish are 'heavy'. They drown in their own vices, which entangle them with their 'weight'. Thus they lose a major battle of life!

"On the contrary, the humble and selfless are 'light'. Thanks to this, nothing in their lives can be a serious obstacle for them! They can quickly achieve the transparency of the body and subtlety of the soul.

"Sadness and anger are companions of pride.

"Calm and joy are companions of impeccable humility.

"Being in the state of great calm, always accept the inevitable!

"Everything in the world of matter is possible for the One Who lives in the Mergence with Tao.

"This Person has no desires that are different from the Will of Tao or opinions that are different from the opinions of the Great Te. "There are many people who only heard about wise and helpful things, but who never made of them the foundation of their lives. In spite of this, they consider themselves knowledgeable and are proud, thinking that they have no equals... See how ridiculous their pride is in the Light of the Truth!

"Proud people with the vicious minds tend to see defects of others and condemn everything around. Yet they don't notice their own imperfections!

"Truly intelligent people, on the contrary, seeing defects of others, will eliminate the same bad qualities in themselves, as if they were looking in the mirror placed before them by Tao.

"It's possible to help others only if they strive for self-transformation.

"It makes sense to speak to those who are willing to hear.

"You shouldn't interfere in the destinies of people who rejected the recommendations of Tao.

"The wise look at all creatures from the position of Tao, that is, with the eyes full of love.

"The wise act maintaining the Mergence with Tao inside Its Great Calm.

"The actions of the wise are perfect because they come from Tao. That is why the reproaches of vicious people don't affect the wise.

"The wise are immune to hatred and condemnation! Such emotions can't touch them since they live in Tao!

"Even bodies of the wise can be hurt only if there is the Will of Tao for this.

"To help people understand is a hard and thankless task, but it serves for the good of Tao.

"Even if only 9 people out of 9000 really hear and understand you, and if only 1 of those 9 manages to accomplish what he or she heard — even in this case, the benefit will be great! It is so, since this 1 will achieve more than 9000 taken together."

Once Huang Di said:

"Now it is the time for you to return to a life of solitude. Go to the mountains..."

"But, Huang Di, so many more people still need my help!"

"Well, do as you wish..."

... Lao Tse directed his donkey to a valley where a next village was seen in a distance... He began to submerge into meditation but noticed that the donkey had changed route by itself and had started climbing a hill slowly.

Lao Tse asked Huang Di:

"Why don't You approve my desire to help people? You Yourself recently have advised Me to do so!"

"There are different ways and possibilities of helping people. I am, for example, doing this right now too, and not only with you. I can help a lot of people at the same time, because I have the Great Power of Tao in Its totality.

"One shouldn't oppose oneself to Tao even in the smallest things! It is important to learn to feel the Will of Tao always!

"Total submission of the developed human mind to the Will of Tao is one of the points of education.

"If you completely cut off your ability to think — I will laugh at you, since I don't need fools! On the other hand, if your mind puts up resistance to My Will — then I will step aside and wait until you finally start wanting to merge with Me again..."

"Do we need to find the 'golden mean'?"

"Yes. Only by observing carefully the 'golden mean', you can remain on the Path to Tao! On this background, I teach you to feel every nuance of the Will of Tao and Te!

"Now for you the time has arrived to become fully connected with My Great Power!

"However, in order to attain the full Mergence, you should master the ability to dissolve yourself. You should learn to disappear in the boundless Ocean of Tao!

"Just as a drop, falling into a large volume of water, loses its boundaries and becomes the inseparable part of this water, just as a river, flowing into the ocean, loses its current and shores — so the soul should be able to lose completely its individuality and isolation when merging with Tao, so that only one united Love, united Wisdom, and united Power remain!

"You've learned to be in the state of dissolution in Me.

"But now you should go deeper in comparison with your usual perception of Me!

"I Myself have beaten the Path from a developed human spiritual heart to the Abode of Tao! Having traversed it, you will be able to live forever in the Mergence with the Subtlest!

"Feel what I am! All that is not I — is like a dress on My Limitless Universal Body of Consciousness!

"Feel My Universal Greatness and Power!

"The slightest movement of My Arms can change worlds! Yet when there is no immediate need, I maintain the Great Calm.

"Tao exists in the state of Great Calm.

"It is only by the Will of Tao that a movement begins from Its Abode — movement that creates a new reality.

"This movement is the Creative Divine Fire of the Great Te. They have Power to create or destroy parts of the universe, as well as to control and direct everything that exists.

"Thus I rule over everything, remaining in the Mergence with the Transparent Calm of the Ocean of Tao, Which lies in the *depths*, deeper than the Creative Flame.

"Regardless of whether I have a material body or not, I always experience the entire Absolute.

"My body — when I create it — is like a little finger on one of My numerous Hands. I can act with that 'finger', but it doesn't limit My self-perception to such a small piece of the universe.

"You too can gradually expand your selfperception inside this world and inside the subtlest worlds, by embracing with yourself as a soul consisting of love and peace increasing volumes of the multidimensional universe.

"At first, you won't be fully merged with the Divine Power. But by gaining more and more experience of life in the Mergence with Tao, you should grow in Love and Wisdom! Through this, you will gradually develop your capacity to manifest the Great Power of Tao.

"Be *One* with the Infinite, Transparent and Subtlest State of Primordial Tao!

"Remain the Ocean of Tao even when entering your body!"

The Eleventh Parable: Lessons of the Achievement of Immortality

This day Lao Tse made a long way on his donkey along the mountain trails. On steep slopes, he often got off and walked. Thus they climbed very high.

Exhausted, they chose a place to stay for the night.

The donkey began its supper with fresh grass, while Lao Tse gathered some dry brushwood and built a small fire. He started looking at that fire...

Huang Di also was looking at it...

Vivid memories from the past life again displaced the reality of that moment...

Huang Di and His disciples were on the peak of a mountain. A night sky, studded with stars, embraced them from all sides. There was no wind. It was silent and calm!

Yet it was cool.

Huang Di reached out His hand — and a huge fire blazed up! It was remarkably beautiful! Tongues of this flame seemed to be dancing some sort of special dance, and sparks flew to the night sky as fiery threads, from which the fire stars were falling down into the space of the night...

Disciples warmed up... They were looking at the fire, which fascinated them with its beauty!

Huang Di began to speak in the transparent stillness of the night. His soft and deep voice united the listeners, the Speaker, and what was said — in one. The understanding was penetrating into the souls as the words sounded.

"Remember this fire! For you it will be enough to recall its image — and, regardless of the situation, you will be able to feel Me, My presence!

"Just as the endless marquee of the starry sky over the whole Under-Heavenly World can always remind you about My existence — so this fire can remind you about Me and about the Great, Infinite Power of Tao, Which, like Tao Itself, is everywhere, *under* all the manifestations of the material world. It is My Creative Fire.

"You should accustom yourself to seeing and recognizing diverse Manifestations of Tao in everything on your Path. Tao is the invisible Sustainer of all that exists. People come to the Earth, being born, and go away, leaving their bodies that have fulfilled their purpose, but Tao always exists on the other side of the material world.

"The One Who has cognized Tao can't be entangled by doubts anymore!

"The Wise Who have cognized Tao can serve people as an ideal. These Wise show — by the examples of Their lives — how it is possible to bring order and calm into the world, where discords and hatred reign. They also show how to maintain and multiply love and purity in the midst of the chaos. The Wise can do this because They remain in the Unity with Tao!

"The Wise Who have cognized Tao can show the Path to others.

"They — by Their work — contribute to the process of the perfection of everything and everyone!

"They flow into the Ocean of Tao and enrich Its Infinity with Themselves.

"They obtain the Great Calm of Tao and may proceed from It in order to accomplish great deeds.

"Each thing or event has its meaning. The Wises make it so that things occupy better places and actions happen in their due time.

"Tao is Omnipresent, and those Immortals Who have reached the Unity with Tao are omnipresent too!

"One can obtain the Immortality, but it is not granted by My miracles. The hard work, which is not miraculous at all, has to precede the acquisition of great achievements and abilities!

"The one who is cognizing Tao develops oneself through practicing meditation day after day, year after year and can, eventually, obtain the state of Immortality.

"It can be said that the life in a body is the cause of a death. However, the one who has died — or, rather, left one's body — knows that it is not the end, but the beginning of another life — life without a body. Such a life can last for centuries, but the state in which it occurs can vary greatly. The soul remains on that level of subtlety or coarseness to which it was accustomed during its life in the body...

"Those who learn to meditate, following the Path to the Subtlest, also cognize life without bodies. Leaving their bodies during meditation, they don't die but learn about the life of the consciousnesses free from the material. Returning to their bodies after that, they guard the memory of the Heavenly and learn to maintain and develop their relationship with Te and Tao.

"A developed and strong soul can easily come out of its body when it wants to, leaving only a small part of itself inside it. In this case, the body can continue walking, sitting, lying and reacting adequately to everything that happens around it.

"If one does so, then nothing bad can occur to the body, as some fantastic stories about the Immortals narrate. Such a body can't be eaten by animals or buried by shepherds or farmers who found it accidentally."

... Huang Di proposed to His disciples that they begin filling their bodies with His Creative Fire.

"Fill all your chakras and meridians with this Fire. Let your bodies and consciousnesses become this Fire!

"Each of you can fill with this Creative Flame the whole body and its smallest details as well."

... After some effort, the bodies and cocoons of the disciples became filled with the Divine Fire.

A little deeper than this Great Flame, they perceived — as Living, Deepest, Endless and Transparent Calm — the Ocean of Tao.

Huang Di helped His disciples to enter It for some time.

Lao Tse heard the words of Huang Di that were seemingly addressed only to him:

"While everything superfluous in you hasn't been burned by this Divine Creative Fire, and while the one who *enters* and *becomes* this Fire exists — these are just training meditations. "But when the one who does this meditation disappears — only the true United Existence of all Te in the Infinity of Tao will remain."

... Lao Tse submerged into the Boundless Calm of Tao and dissolved himself in It.

Huang Di continued:

"We $\stackrel{-}{-}$ as souls — can live being submerged in the Flame of Te or in the Transparent Calm of Tao.

"Let's enter the Transparent Calm all together! Now let's try to look *from there* at our bodies and begin to fill our chakras and meridians with the state of Tao.

"Through this, you can start learning to control your bodies from Tao, replacing gradually the part of the consciousness that you have left there to control them.

"Against the background of the Transparency of Tao, you will be able to see clearly all the energies of the consciousness that are not identical to the Subtlest yet!"

"How many years will this work take?" — asked one of the disciples.

"About 100 years, not less, and for the lazy even more. Therefore, not all spiritual practitioners live until the immortality of their material bodies," — Huang Di joked. — "Yet the most important thing is the immortality of the soul, which obtains properties and qualities of Tao and Te.

"Only very big Te can disappear fully in Tao and then manifest Themselves again in the Creation.

"The Transparency of Tao is completely immune to any negative influences! So learn to be transparent!

"By rotating the energy of the consciousness through the microcosmic orbit, technique that I've already taught you, you can cast out from your bodies everything that differs from the Transparent Calm of Tao. Then only Tao will be present in your bodies, replacing them by Itself more and more.

"Remember this moment! Now you are in the state of Te, Who exist in the Mergence with Tao! You are 'tasting' the Immortality!

"However, in the future, you will have to learn all these gradually by yourselves!

"So, let now the deepest *Depths* be for you the only world you perceive! Listen and feel here — inside the Ocean of Transparent Calm! From this state, you will be able to hear if someone calls you from the Earth for the help! You will be able to appear before the incarnate people as the Souls That rise like Light-Fire Mountains from the Ocean of Tao!

"Afterwards, I will teach you how you can transport yourselves together with your bodies.

"You should also remember that our aim is not to teach people to believe in miracles. Without us, there are enough writers of fairy tales about the immortals who can do whatever they want. This is what many people dream about — to be able to fulfill any of their whims and desires.

"Yet the one who serves Tao never fulfills *one's* own desires! For that person only the Desires of Tao and Te are the guide for action!

"The real Taoist will not try even to save his or her own body from the death if there is not the Will of Tao for this... Such a Taoist will just accept, being in great calm, the death of his or her body and merge — as Soul — with Tao in the universal Abode of all the Perfect Ones.

"Having left forever Their worn-out bodies, Te serve Tao and people by showing Their Divine Appearances for the contacts with the embodied seekers of Tao, by giving advice and by controlling the course of the destinies."

Lao Tse found himself again sitting near the small fire. His white donkey was eating grass peacefully near him.

Now Lao Tse could easily maintain himself in the Great Ocean of the Transparency of Tao for a long time.

Huang Di continued their conversation, as if it was not interrupted by a gap between the incarnations of Lao Tse:

"Let's continue the lesson that we didn't finish in your previous incarnation.

"I'll tell you a little more about such Unity with Tao that is called the achievement of Immortality.

"First, the soul achieves the Great Unity with Tao. Leaving on the Earth his or her material body for the time of meditation or forever, such a spiritual warrior flows easily into the Boundless Ocean of Tao.

"Nevertheless, as I've already said, it is also possible to make the body immortal. This requires new efforts and a long life of the soul in the Unity with Tao. A human body can become then like a wonderful vessel that is always filled with Tao and carries Tao in itself!

"This is the Wealth that is really worth obtaining!

"An ordinary human body is fragile and subject to all possible influences; it can be easily damaged; it gets old and dies.

"However, you can create an immortal body filled with the Immortality of Tao. Such a body carries Tao in itself, and Tao freely projects Its Power through it. This body is not subject to aging and diseases, and it can be dissolved and recreated without effort.

"Yes, it is possible to live in such a deep Mergence with Tao and still have a material body.

"When you live so, you can easily explore the mechanism of the creation of any forms from the form-

less² and, conversely, the mechanism of their dissolution in the formless. In this case, you will be to participate — with the Power of Tao — in these processes."

The Twelfth Parable: Birth of the Immortal Lao Tse

Lao Tse was sitting in a deep meditation.

The flame of a non-material fire was lighting up Huang Di and other Immortals Who gathered near this fire.

Lao Tse said:

"That's all. The work of my life is finished; the manuscript of the book about Tao and Te is left in good hands. Scribes have already started copying it to guard for centuries.

"I finished everything and I am ready for the death of my body. I am fully prepared to leave this world and pass to the life with You, among other Immortals in the Abode of Tao."

Huang Di replied:

"Good! Come with Me into the Depths! I accept you!

"Now dissolve yourself completely in the Great *United We.* Which is called Tao."

... It seemed to Lao Tse that he had left his material body forever.

He became both the Transparent Calm of the Ocean of Tao and the Fire That comes from It.

A former Lao Tse did not exist anymore. He became one of the Immortal Te Who abide in the Unity

² That is, protoprakriti — the cosmic building material from which the matter (prakriti) is formed. (You can find more details in the book *Ecopsychology* by Dr. Vladimir Antonov).

with the Power That creates material worlds and controls them.

... It was a total surprise for Lao Tse to get back into his body. Yet this body was no longer the same. He could easily remove it by dissolving it in the formless or recreate it anywhere.

The body of Lao Tse became filled with the *United We*, and the Ocean of Tao moved together with this body as if carrying it on the crest of Its Wave.

Thus, from that moment on, Lao Tse should carry the Great Wisdom and show the Power of Tao and Te to the incarnate people, perceiving everything that happens with them from the Unity with Tao.

Conclusion

Lao Tse achieved the complete Immortality and for centuries helped people to cognize the Truth. His body didn't change any longer and was not subject to diseases and death.

He did not try to leave His name in the history forever but wanted to give people that Wisdom the Bearer of which He became. This was the Greatest Knowledge about Tao and Te.

People did not know much about it... But thanks to Lao Tse, what is known at present as *Taoism* rooted and became strong in the Under-Heavenly World.

- ... Sometimes He heard how people talked about Him and smiled...
- ... Once He approached a group of people who were carrying on a lively conversation:

"Those who saw this Sage on a white donkey say that He was riding sitting on it backwards and even didn't look where He was going!" — said one of those people.

"They also say that His donkey could pass any distance during one day, even a thousand miles, and

that when the Sage stopped for the night — He folded the donkey like paper, and when He had to go again — He unfolded it — and it came to life!"

"No, He rode on an ox!" — said the other.

"Not on an ox! On a buffalo!" — objected the third.

"Of course, on an ox! And He carried a cart with manuscripts with Him!"

"No! Not a cart! Ten carts! He was a Sage after all!"

"Yes, He was the Perfect One! He read people's thoughts, knew past and future, and cured any disease with a single remedy, which He carried in a bottle gourd! He could even raise people from the dead!" — blurted out without a pause the first speaker, who was proud of his deep knowledge about the lives of the Immortals.

"Some call Him Chang Kuo-Lao, while others Lao Tse or Lao Tzu!"

"No! Lao Tse wrote only one book, while this Lao, when He became Immortal, flew up and disappeared. His clothes fell to the ground, and His disciples buried them!"

"Why is He painted with tree branches on His head?"

"He isn't painted so!"

Lao Tse came closer to these arguing people and greeted them.

They were very happy and said:

"You are, as seen, a well-educated man! Judge us! Tell us which one of us is right!"

"Does it matter if the Sage rode on a donkey or just walked? What is really important is what He taught. Have you read the book about Tao and Te?"

"No, we can't read..."

... Then Lao Tse told these people some of the things He knew so that they can practice those truths in their daily lives. However, He did not say His name.

... Thus He lived, appearing and disappearing in different parts of China and helping in a little way to a large number of people. He also could help very few of those who were ready for the higher achievements, by giving them the knowledge about the Path of the cognition of Tao.

... One day Lao Tse heard how young men from a Taoist monastery were discussing His book about Tao and Te. They were arguing for a long time about words.

Lao Tse modestly sat down near and started listening.

One girl came closer to the debaters and began listening too. At that moment, the young men stopped talking and told her that the lot of women is only to wash dishes and nurse children.

Then Lao Tse began to speak. He reminded them that the Path of Knowledge exists for both: for men and women, and He opened them the first simple steps of this Path.

They all were listening breathlessly to what He was saying, since the Truth was in each one of His words, and it was impossible not to feel this.

And afterwards, some of them had the courage to become the disciples of the Immortal Lao Tse.

... This happened again and again, and Lao Tse led a lot of worthy seekers to the Abode of Tao.

... Maybe it's your turn now?

Recommended Literature

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Video Films

1. Immersion in the Harmony of Nature. Way to Paradise. (Slide show). 90 minutes (on a CD or DVD),

- 2. Spiritual Heart. 70 minutes.
- 3. Sattva (Harmony, Purity). 60 minutes.
- 4. Sattva of Mists. 75 minutes.
- 5. Sattva of Spring. 90 minutes.
- 6. Art of Being Happy. 42 minutes (HD-video).
- 7. Practical Ecopsychology. 60 minutes (HD-video).
- 8. Keys to the Mysteries of Existence. Finding Immortality. 38 minutes (HD-video).
- 9. Bhakti Yoga. 47 minutes (HD-video).
- 10. Kriya Yoga. 40 minutes (HD-video).
- 11. Yoga of Krishna. 80 minutes (HD-video).
- 12. Yoga of Buddhism. 135 minutes, in 2 parts (HD-video).
- 13. Taoist Yoga. 90 minutes, 2 parts (HD-video).
- 14. Psychical Self-Regulation. 112 minutes in 2 parts (HD-video).
- 15. Yoga of Sathya Sai Baba. 100 minutes (HD-video).
- 16. Yoga of Sufis. 128 minutes in 2 parts (HD-video).
- 17. Yoga of Ancient Russians. 105 minutes in 2 parts (HD-video).
- 18. Yoga of Atlanteans. 82 minutes (HD-video).
- 19. Yoga of Pythagoras. 75 minutes (HD-video).
- 20. Laya Yoga. 48 minutes (HD-video).
- 21. Kundalini Yoga. 45 minutes (HD-video).
- 22. Yoga of Don Juan Matus and other Indian Spiritual Chiefs. 147 minutes in 2 parts (HD-video).
- 23. Yoga of Jesus Christ. 128 minutes in 2 parts (HD-video).
- 24. Agni Yoga. 76 minutes (HD-video).
- 25. Advaita Yoga. 47 minutes (HD-video).
- 26. Ashtanga Yoga. 60 minutes (HD-video).

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