

# Poems and Revelations about the Path

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## ***Campfire on Snow***

In a land where a blizzard whistles, a storm and snow,  
 Man may get tired halfway, complain and behind fall...  
 But the friend will make a campfire —  
 Campfire on snow.

The one who went with us  
 More than once on inclement days,  
 Knows how valuable are —  
 Such campfires for man:

The blizzard will subside  
 And life will come to the world.  
 And the friend will be saved  
 By campfire on snow!

... Now outside the window  
 Are flowers and it's warm,  
 But, if you notice that I'm tired, can step back and fall,  
 Then please make for me the campfire — campfire on snow!

Let the firewood do not crack in the palms of the fire,  
 But you tell me that you're for me and I am right!  
 And it will, to spite a trouble,  
 Dance in a ring of fire — campfire on snow!

(Lyrics by Leonid Derbenyov.

Music by Alexander Zatsepin.

Artist of the song — Maya Kristalinskaya.

This text was translated from Russian and slightly revised by Vladimir Antonov  
 in order to make it easier to understand.)

## ***Morning Song***

Wake up! Wake up: the sun is rising!  
 Wake up! Wake up: it's time to smile!  
 Breathe in, breathe in the morning freshness!  
 Breathe in, breathe in the smell of grass!

Listen, listen: birds are singing!  
 Listen, listen to their joy!  
 Smile, smile: it's time to smile!  
 Smile, smile: the day is fine!

Love, love! It's good to love!  
 Love, love! Give others your heart!  
 Remember, remember: God is near!

Remember, remember: God is Love!

Look, look: so much beauty!  
 Look, look all around!  
 Be kind, be kind, let us all be kind!  
 Be kind, be kind! Let goodness shine!

(Written down by Keenan Murphy  
 in May 2019)

## ***Being***

Love is the beginning. And Love is the end.  
 To be It, be pure! And do not pretend!  
 Listening to God, forgetting bustling mind,  
 I finally saw That Which is behind.

I wanted to say something, but had forgotten all words!  
 I listened to melody that came from other worlds!  
 I had tasted the Truth, now I knew!  
 There was only Silence, and Bliss that grew and grew!

The Light! Oh Light, from everywhere pouring!  
 The Bliss! Oh Bliss! From where are You coming?  
 Ah!... You were once only a dream, but now filled all reality!  
 I disappeared... And only You remained, the Totality!

Love is the beginning!  
 And Love is the end!  
 To be It, be pure!  
 And do not pretend!

(Written down by Miguel Ledro Henriques  
 in May 2019)

## ***Sarkar — The Path***

When that, which is unimportant, disappears  
 And God becomes evident —  
 We find the most important  
 Of all the possible ways.

We then move on the true Path  
 Leading to the Creator's Depths —  
 To merge with Him into *One*  
 Dissolving in Him to the end!

This Path isn't at all simple,  
 But it is a happiness — to go to God!

And the heart burning with love  
Advances on the Straight Path!

(Written down by Anna Zubkova  
in May 2019)

### ***Your Path (Revelation)***

What do you see looking back?

Your journey was long, full of losses and grief...

You died and were born again so many times!...

It took you so many earthly lives to forget and recall later again your real *Home*, the true You and Me!

But now, when you are lying on My loving Chest, you know all the answers. Finally — you know them!

Instead of the painful “Why?” and “For what?” — deep peace settled in your heart. And now you can find even under someone’s smallest tear — My infinite Love! And under the strongest wind — My infinite Silence.

If earlier, I showed you My Beauty, Which was covered with words and matter, now you are allowed to see the sacred naked Beauty of My Essence!

... But so many souls do not want to notice Me!

I gave them life on the Earth, I gave them everything necessary for righteousness in this life!

I gave them the Law of Love — the shortest way to find Me!

I gave them motherhood, so that tender love gently bows over baby cradles!

But most chose to wander in the darkness...

I brought forward to them the thirst for cognition of My Love, along with the choice: to quench that thirst — or to continue to behave outrageously and idle, suffering!

... And those who managed to cope with this My final exam, having made the right choice, became My Love and give It to others.

(Written down by Kateryna Ostapuschenko  
in May 2019)

### ***Thoth the Atlantean — to His Disciple***

Heaven opened widely — like wings — behind your back. Wherever you are — God is always near: He is near you!

The entrance to the infinity of Heaven is in your heart!

After all, I gave you the key of love to your real Home!

The Ocean of the Great Love — wave after wave — is covering you, is dissolving you, and is carrying you to the Deepest Peace: to the world of the *United We* of the Creator’s Ocean, to the world where you’re dissolving entirely in the Unity of the All, to the world which is everywhere in its boundlessness.

Remember: from now on, My Love lives in you! And now it’s you who has to open the door to Heaven for others! Now it’s you who has to invite people to the Depths of the Creator!

(Written down by Anna Zubkova

in May 2019)

## ***Ptahhotep — Conversation with God***

“Oh my God, I missed yesterday without You, and I was a little sad...

“I hoped that Your Love shelters me in such a way that only Your Great Transparent Peace remains, in which there is no longer a separate me and I would become You!”

“Where in the universe have you found a place where you cannot embrace Me?

“Where have you ever found ‘emptiness’ which is without the Peace of Love and the Radiance of My Fire?

“How can you be sad if I am always with you?

“Learn to recognize Me in everything, and to be only Me in the Depths!”

(Written down by Anna Zubkova  
in May 2019)

## ***The Living World of Sophia***

My dear Sophia holds my hand.

With infinite Love She makes me understand:

“You are not alone, and will never be!

God is here, embracing you and everything!

“When a soul grows, it can realize:

The world of matter exists, but it is a disguise;

Beneath it — lies the Truth, and It is so beautiful!

The Whole Existence sings and dances, it is so joyful!

“The Earth is alive, It is a Being!

Filled with energy, It is breathing!”

... I touch Its vastness, feel Its deepness,

My heart is dancing, full of happiness!

The wind is speaking, try to heed it!

The Heaven is guiding me, it's not a dream!

Everything is telling us a story:

The magical tale of Love's glory!

(Written down by Miguel Ledro Henriques  
in May 2019)

## ***From Ódin***

When you make headway,

“Burning the bridges” behind:

No ways to fall back,

There is only your Way to Us!

Infinity of the Great Freedom —  
 Is opened in front of the soul!  
 There are only God and you!  
 God embraces you with His Love!

In this way, you go to the Infinite Light,  
 To Tenderness and Pure Love,  
 Dropping the chains of vices, sins, of fear,  
 Of deals vain and futile!

Human malice cannot further  
 Touch you with poison of hell!  
 Even the death of the body is taken  
 While loving God and aspiring to Him!

With infinite trust to God,  
 You choose this course of life.  
 You understand that you no longer want  
 To turn away from the Path and relax...

This is the Path on which  
 You give yourself to Him to the end of life.  
 This is the Path on which the “little i”  
 Dissolves in the eternal *Divine One*.

(Written down by Anna Zubkova  
 in June 2019)

### ***From Adler***

Do not try to make verses, but just listen with the soul!  
 Listen to the music of life: the surf, the singing of birds, the chirr of the cicadas, and the whispering of the campfire!  
 Listen to My Silence, plunging into Me!  
 Open your embrace of the soul — and love and breathe with Me!  
 Together with Me — caress blades of grass, flowers, and reeds!  
 Fly along with the white gull up there, and do not forget: both it and you are flying in Me!  
 Glide by the River of Pranava! Hold all creatures in the open spaces of My Earth — on your palms of love!  
 Together with Me dive into the Deep Peace!  
 And — being the Holy Fire — give the Tenderness with Me!  
 Always remember that you live with Me, in Me!  
 And find your true Home in My Depths!

(Written down by Anna Zubkova  
 in May 2019)

## **Adler — Time to Go Home!**

In My Depths, the glimmer of stars breathes in calm...  
 With My Love, I created the Earth, where you are,  
 Where your quiet town is, where the sunlight — so alive!  
 And aroma of bread... And the mother's voice: "It's time to go home!"

There the paths in parks keep the secrets of lovers,  
 Through their kisses — the Eternity continues itself:  
 On the swings, a children laugh soars into the sky...  
 But I invite to My Depths — for now — not everyone:

May they grow in goodness and peace — and, in their turn,  
 They will hear My Eternal Voice, which *is calling Home!*  
 I will firmly take everyone by the hand, like I take you now,  
 And they will be able to open the doors in their hearts to My Abode!

(Written down by Kateryna Ostapuschenko  
 in June 2019)

## **The Great Filmmaker**

Have you ever watched a film made by God, the Great Filmmaker?

Have you ever seen one of His sunrise movies, in which He creates the most spectacular scenes of changing colors in the sky?

Or what about one of His great river movies? Did you ever see that one? Did you see the one where the river moves ever so calmly around a bend in a meadow to then empty into a lake that is sparkling in the sun?

Or what about the one of two lovers holding hands as they walk along a forest path? Or the one of kids laughing and smiling as they play? Or the one where the mother bird flies into a little hole in a tree to feed her young?

Even if you go to the same spot day after day, there will always be a new movie, a new play, a new episode of God's Great Saga for you to watch, listen, feel, and enjoy!

Better than any movie ever made by people, is one movie made by God, the Great Filmmaker! And these movies are playing everywhere!

To see it, all you need to do is to open your eyes, feel love in your heart, and watch. And then God will begin playing one of His newest movies, a five-star show, made just for you!

Hour after hour, you can watch such movies and not get bored. Hour after hour, you can admire God's Great Beauty!

He gives everyone a ticket to see His shows, but not everyone uses these tickets. Some prefer to buy different tickets to see shows of passion, nonsense, and violence, while being cramped in a small room filled with stale air. All the while, one of the greatest movies ever made is waiting to be watched right outside the door!

So, have you ever watched a film made by God, the Great Filmmaker?

If not, all you need to do is to open your eyes, feel love in your heart, and watch.

(Written down by Keenan Murphy  
in June 2019)

## ***At Babaji***

*Kateryna Ostapuschenko*

To become the Soul-Love,  
I'm correcting my past mistakes!  
I'm breaking up into Particles of Light,  
And disappear in His Loving Smile!...

Now I do not disturb anyone in vain:  
I will ask God — about things I do not know yet!  
From the Depths of His Endless Happiness —  
I will see clearly enough the Path!

(July 2019)

## ***At Eagle***

*Kateryna Ostapuschenko*

You came to me as unsolved mystery...  
You showed me the beauty of existence...  
Being the amazed soul, I touch the Miracle of Infinite Love!  
And thus, I recognize You, the Lord of mine!

(July 2019)

## ***Babaji — To the Traveler of the Great Path to Freedom***

Life with God is a boundless happiness that settles in your heart!

Life with God is like a river of Bliss that fills both soul and body and flows through you into the world to every being!

You are here, in this body, to become more perfect than you were before, to draw nearer to God, and to merge with Him in the Unity!

Remember, oh traveler of the Great Path to Freedom: your life is a result of the challenge that you have accepted to fight against your own vices, against your own egocentrism!

In this battle, you can join the side of God! And you should know that in this battle, God always wins!

\* \* \*

The Freedom is the highest Reward, which is found in the Unity with God!

There is the small freedom, and there is the Great Freedom — the Freedom with a capitalized letter!

Merging with God gives the Freedom to the Higher I, not to the lower self.

Understand the difference between the freedom with a lowercase letter — and the Great Freedom!

The little freedom means to do everything according to the personal desires of the mind. And it will always be limited by opportunities and circumstances.

“Give yourself entirely to God!” — how many times people have heard these words in slightly different formulations — from many Divine Messengers! Yet, again and again priests and rulers — with their selfish minded minds — start to distort the Teachings of God, replacing it with dogmas and rituals, which restrict the freedom of will of the people: in order to subjugate them to the secular authorities and leaders of a particular sect.

... The Path to the Great Freedom begins with love!

Know that your freedom to love —cannot be restricted by anyone!

Plunge into the Divine Love right now!

Cognize It, soak in It!

This freedom cannot be taken away by anyone! It cannot be constrained by the circumstances and difficulties of life!

All that matters here is your choice: to love or not to love!

The love that is in you — is God!

It is the freedom to manifest God, Who lives in you when you and the Ocean of Divine Love are *One!*

\* \* \*

You are in Me!

Inhale and breathe by My Freedom!

Then My Smile will kiss every cell and every atom of your body — and there will be a transformation of both soul and flesh!

Feel our Mergence when I completely fill everything around you and in you! Even the “island” of your body sinks in My Light turning into a cloud of shining atoms-stars that smile with My Smile and blossom out with the radiation of My Love!

Look at the world around you, at the situations and the people in it — with My Eyes!

My Look, full of Transparent Calm, gives you a deep understanding of everything that you and I look at together.

My Look, full of the Radiance of the Divine Love, transforms souls even with just a light Touch of Mine!

\* \* \*

God is Omnipotent and Omniscient! God is the Greatest Wisdom and Justice! God is the most tender and all-understanding Love!

Cognize all this in yourself!

The Freedom is found in complete Mergence with God in His *Great Depths!*

We must learn to come out from these *Depths* with Love and without losing the Oneness with God!

(Written down by Anna Zubkova  
in August 2019)

## ***A Message from Jesus***

I'm here! I knock on every door —  
 And quietly wait for them to be opened for Me.  
 ... In this world of earthly sufferings and losses,  
 Of struggle for successes and thirst for awards —  
 I smile from every flower,  
 I try to make you want to become My Love,  
 I touch souls and call them *Home!*  
 ... Behind everything around — let Me become known by you!

(Written down by Anna Zubkova  
 in August 2019)

## ***A Message from Krishna***

I'm the Atman in you! I'm the Shining Temple!  
 I'm the Power of Creative Love!  
 I'm the rivers, seas and ocean!  
 I'm in everything, near and far!

I'm the sky and the mountains! I'm the sun and the stars in the sky!  
 And yet, I'm more than this whole earthly world!  
 I'm the Bliss and the Joy of attained Great Liberty  
 When you're in everlasting Oneness with Us!

(Written down by Anna Zubkova  
 in August 2019)

## ***A Message from Thoth the Atlantean***

This is the Straight Path to Me:  
 Right now and always, wisely love —  
 Together with Me — all those who are near and far!  
 This will give you the main success in your life!

The River of My Love is Immense!  
 It flows through the years and centuries!  
 All live on the vastness of My Land  
 By the Power of this Creative Love,

(Written down by Anna Zubkova  
 in August 2019)

**Surya —  
Let the Soul Be Free!**

A soul can become so wide —  
Like a flooded river in spring!  
Such a soul can be so great —  
To embrace clouds above the land!

A soul can become a strong love!  
With gentle purity, it caresses with hands  
Seas and mountains, forests and fields —  
Just like how Mother Earth does it!

A soul that has known the essence of being  
Can live manifesting the Higher I.  
It becomes forever *One* with God —  
Almighty Father-Svarog!

(Written down by Anna Zubkova  
in August 2019)

**Odin —  
God Speaks in the Spiritual Heart**

The wind rustles in the leaves  
And brings the sounds of the surf...  
Like waves of a distant sea,  
They sway here, singing their song...

And in the *Depths*, in the *Silence*,  
In the Great Living *Calm*,  
God speaks to me *in me*:  
Embracing me in my spiritual heart!

He caresses me with His Arms  
In the *Silence*, dissolving everything!  
A clarity and understanding arise,  
And words become almost unnecessary!

(Written down by Anna Zubkova  
in September 2019)

**Odin —  
Accept My Gifts!**

I give you My Wisdom!  
In humility — accept it!  
I give you the Power of My Love!  
Together with Me now — create peace!

I give you My Voice!  
 Sing a love song with inspiration!  
 I'm always *beside* you and *in* you! You now live  
 In indissoluble *Unity* with the Creator!

(Written down by Anna Zubkova  
 in September 2019)

### ***Babaji Call me!***

Call Me — and I will come!  
 Heaven illuminates with a Clear Light!...  
 I come to your call — for a moment  
 Or stop by for half an hour...

Or I'll come for your whole life,  
 If I'm really needed by you!  
 I will come — and never leave you!  
 I'll stay forever in your life!

Call Me, call from the piritual heart —  
 And you will cognize My mystery:  
 "You cannot be without Me:  
 Because I'm waiting for you to be Mine!"

Without Me, you cannot live:  
 There is no breath without My Power!  
 Without Me there are no stars, no Earth,  
 Without Me there is no universe at all, entirely!

But I quietly and calmly wait for  
 When you will understand all this...  
 And then, then I know —  
 You will call Me to live in Me!

(Written down by Anna Zubkova  
 in September 2019)

### ***If It's Hard...***

If — suddenly — it is hard for me,  
 As if there is no power in me for the *Fire*,  
 I'll take my old backpack  
 And go to where I always am beloved...

I will go to where the trees  
Stroke the sky with their crowns...  
I will stay where the lakes  
Reflect the sky with little clouds...

Here, the excellent forest  
Fills everyone with unworried beauty,  
And the Gates of Heaven are opened  
With God's amazing calm!

(Written down by Anna Zubkova  
in October 2019)

### ***I'll Enter the Peace***

The forest opens its arms  
With wondrous silence...  
Having lulled my thoughts,  
I'll immerse myself in the peace...

One has to be persistent  
In various trials,  
One must be humble  
With wise understanding...

I now wish for little  
In this life:  
Only the Creator's Abode  
For the soul is delight!

(Written down by Anna Zubkova  
in October 2019)

### ***How to Live Happily***

God has made you,  
And God maintains you.  
So, lover, be sure to know this:  
You are totally and forever His!

From the darkness, He brings you to Light,  
Guiding you, taking you by the hand.  
So the Beloved — in all His Might —  
Pulls you up, teaches you to stand!

Growing up, you make the resolution:  
To give everything back, what was gifted.  
Searching inside starts a revolution,  
The fire of the heart burns all that was wicked!

The only real way to live happily is to be love,

To spread it deep in the depths and high above!  
 The only truthful way to be there for others  
 Is to recognize that we all are His lovers.

Don't you see, my dear friend, can't you hear:  
 The Everlasting Light, the Music of the Spheres?  
 Infinity is forever now and here!  
 Embrace It, erase all your tears!

So, seeker, surrender, let go all pretending,  
 Expand your burning heart in joy never-ending,  
 Reach Home at last and be with your Treasure:  
 Be One with the Beloved in Bliss beyond measure!

(Written down by Miguel Ledro Henriques  
 in October 2019)

### ***Where the Soul Roams Free***

On endless summer meadows  
 Or under the old oak tree,  
 My heart sings a song of joy,  
 Where the soul roams free!

And not a worry to be had  
 When mountains are all the eye can see!  
 My heart smiles to the sun,  
 Where the soul roams free!

Oh, how fragrant are the blossoms  
 Opening their petals for you and for me!  
 My heart shines with every flower,  
 Where the soul roams free!

And the birds sing their songs  
 Ever so happily,  
 When my heart sings with them,  
 Where the soul roams free!

The gentle breeze carries my kisses  
 Far away to the mountains and to the sea!  
 My love knows no limits,  
 Where the soul roams free!

On open spaces and distant places,  
 My heart will be with Thee!  
 For we are always together,  
 Where the soul roams free!

(Written down by Keenan Murphy  
 in January 2020)

***Lada —  
Become a Dawn above the Earth!***

Enter your heart — and leave the body!  
Immerse yourself in My Embrace — and become still!  
Dissolve in Silence and submerge in Love:  
It's not you anymore, it's Me!

You can feel Me now!  
In the Light — fly with your hands! And soar! And breathe!  
Look around you! Become a dawn above the earth!  
Be a warm sun! Give everyone peace!

Give everyone the dawn and the tenderness of early spring!  
Give warmth, comfort, and love!  
Sing a song of joy! Let the whole world hear  
The Voice of God which sounds from the inside!

(Written down by Larisa Vavulina  
in January 2020)

***Adler —  
Divine Tenderness***

The Subtlest Pure Light  
Is in the heart and everywhere — boundless!  
And I'm not, God is!  
There is no more separateness!

From my heart — to the Heart of the Absolute  
The passage is open!  
And only Divine Tenderness  
From the Depths now is flowing!

Written down by Anna Zubkova  
in January 2020

***Sathya Sai Baba —  
When You Love Me***

When you are afraid of something on the Path, take Me by the Hand! I'm here,  
next to you!

When you have doubts, cling to Me with all your heart! My Love resolves all  
doubts and reveals the Truth!

When you love Me, I am with you and in you!

And all the most important things happen when you dissolve and disappear in  
My Universal Love!

Written down by Anna Zubkova  
in February 2020

***Maenuel —  
You and I Are One: Love!***

There is a connection of hearts  
When we no longer need words...  
There is an immersion of soul  
Into the Depths of the Divine Abode...

There is an *understanding*...  
It is without words!  
Here, You and I are *One*:  
It is Love!

Written down by Anna Zubkova  
in February 2020

***Hold on More Tightly to God!***

When everything seems to be going wrong,  
And not even birds will sing a song —  
Hold on more tightly to God!

When all hope seems lost,  
Withered away like a plant in the frost —  
Hold on more tightly to God!

Sing to Him your song of love!  
Let light shine through the clouds above!  
Hold on more tightly to God!

Turn on your lamp in your chest!  
Let His Love become manifest!  
And hold on more tightly to God!

Hold on, my dear one! Hold on!  
And all your troubles will soon be gone!  
Just hold on more tightly to God!

Written down by Keenan Murphy  
in April 2020

## ***Set Sail for God!***

Climb aboard!  
The *Boat* is here!  
Calling on all, both far and near!

Leave behind that former life!  
Cling not to misery!  
Cling not to vice!

Hoist the anchor!  
Raise the sail!  
Light and goodness shall prevail!

Cast off,  
And make haste!  
For a *Great Land* awaits!

Be free!  
Soar like a seagull in the sky!  
Feel the winds — and fly, fly, fly!

Feel the Unity!  
Listen to the silent stars,  
Existing here and afar!

Feel the Ocean,  
Expanding on and on!  
“Material lands are now long gone!

This is *His Boat!*  
It will take you *There!*  
But not without efforts or cares!

So, journey forth, dear sailor!  
Heed the call!  
Unite with Eternal, merge with the All!

Written down by Keenan Murphy  
in July 2020

## ***Become***

Become as pure as morning sunlight,  
And shine to all with delight!

Become as warm as an embrace between two lovers,  
And share this warmth with all sisters and brothers!

Become as kind as the kindest smile,  
And pour out kindness all the while!

Become as fragrant as a jasmine flower,  
And give this loving fragrance hour after hour!

Become as blissful as sunlight sparkling in the sea,  
And sparkle with bliss to as many as can be!

Become as joyous as the babbling brook,  
And trickle out joy wherever you look!

Become as luminous as a ray of the sun,  
And illuminate the world with light and fun!

Become as gentle as a summer breeze,  
And blow kisses to plants and trees!

Become as loving as He,  
And share this love with all you can see!

Written down by Keenan Murphy  
in July 2020

***Sulia —  
On the Path of a Sufi  
(Meditations to Help Travelers of the Great Path)***

My Beloved,  
I must find You in the *Depth*  
Of my growing spiritual heart!  
I must certainly find and cognize You!

Oh, Wonderful Lord,  
Whatever happens in my life —  
I look only for You!  
I strive only to You!

My Only Beloved,  
I definitely need to come to You!  
You are waiting for me! You are calling me into Your Embrace,  
Where Happiness and Peace are found!

Shining, You are like a Great Sun!  
You are the Light that shows me the Path!  
Unquenchable Love for You  
Flares up more and more in my heart!

Wisest Lover,  
All I need is to be inseparable with You!  
For You showed me how insignificant everything in my life is,

**Except You!**

**Connector of Hearts,  
All I'm looking for is Oneness with You!  
I need to find You, connect with You,  
And dissolve in You!**

**Eternal One,  
Only in You, will I find the Eternity of Life too!  
Only in You  
Are Joy and Bliss true!**

**Pointer of the Path,  
Help me not to stray from the Straight Path to You!  
Only in Your Infinity  
Are the Abode and Home found!**

**My Dear,  
I know that I will find You, that I will come to You,  
For You answer me "Yes!"  
And Your Love embraces and guides me!**

**Great and Almighty One,  
There are no words to tell about Your Beauty!  
My love for You grows in the *Silence of the Depths!*  
This is the only way to merge with You!**

**Giver of Life,  
You once lit a spark of love in my heart —  
And now I'm flaring up  
Like the Great Inextinguishing Sun!**

**Infinite Creator of worlds,  
I have found You! But who am I now? Where am I now?  
I'm drowning in Your Embrace! I dissolve in Your Love!  
There is only You!**

**My One and Only,  
I disappear, becoming a drop in the Ocean of Your Tenderness!  
I return myself-renewed — to You,  
Having become a Particle of Your Love!**

**Wisely Loving One,  
What is left of me now?  
In the transparency of my body,  
I see only the Flame of Your Love!**

**Here, in this body, now — only You are!  
The Inextinguishable Light is burning, showing for people  
The Holy Truth: God exists, God is Love,  
And God is the Meaning of human life!**

Let there be no more separate me!  
 So that the Light may show the Path to those walking,  
 And so that Your Power may carry the transparent Lamp of Love  
 In this body.

The Light of Your Love shines on those who seek You!  
 Your Strength gives strength to those who come to You and into You!  
 The fragrance of Your Tenderness  
 Encourages those who are cognizing You!

There is only You:  
 Omnipresent, Almighty, Loving, Indivisible,  
 And consisting of All  
 Who became *One* with You!

Written down by Anna Zubkova  
 in July 2020

### ***Dear Heavenly Father!***

When the doors to You feel locked,  
 And all I want to do is pity myself away,  
 Help me, oh Lord, to remember these questions!  
 And let them guide my way:

Do I still kindle the flame of love in my heart?  
 Or have I stopped performing this sacred art?  
 Do many distractions rule my life?  
 And am I free from unnecessary strife?

Do I still seek You at every turn?  
 Or are You no longer the One I yearn?  
 Do I live each day in inner silence?  
 Or has my life slipped into chaos and defiance?

Do I still make every effort to serve You?  
 Or is my help now long overdue?  
 Are You still my One and Only?  
 Or has my love for You become false and phony?

Do I still seek to become better with each passing day?  
 Or has my inner state fallen into death and decay?  
 Do I still love all the creatures made by You?  
 Or has an arrogance towards others been born anew?

If my answers to these questions  
 Are not at all what they should be,

Please help me, oh Lord, to become better,  
Please help me to become One with You and free!

Written down by Keenan Murphy  
in December 2020

### ***Sathya Sai Baba — My Love in You***

Look into My *Depths* within you,  
Feel My Joy! Feel it to the point of tears!  
I am with you and in you now!  
These are not just words, this is real!

Here it is: My Love in you!  
Here is the Flow of My Power and Light!  
Dissolve! There is only One God everywhere!  
And that is the answer to all the questions  
you ask!

Clarity of Knowledge and Purity of Love  
Are adapted by you during our Mergence!  
And the separate you — no longer exists!  
Life will flow smoothly for you  
when you are united with God!

(Written down by Anna Zubkova  
in August 2021)

### ***Sulia — My Love for You***

My love for You is unstoppable!  
And every day it is stronger and stronger!  
I become *one* with the vastness of the sky,  
I admire the Beauty of all You have done!

I see the Purity of Your Divine Light!  
I feel the Tenderness in Your Embraces of Love!  
In the breath of Spring and in the beauty of dawn,  
And in the air itself — there are Your wonders!

You are the One Who gave us lives!  
I learn to pass Your Love to others!  
And I accept Your Guidance in my life!  
Thus I live and love and struggle!

(Written down by Anna Zubkova,  
September 2021)

## ***A Message from Lada***

I came to the Earth one day,  
 Incarnated as a human being,  
 Because life had become hard and gray  
 For the people of that age so unseeing.

I wrote new songs  
 And sang of love so tender!  
 Into melodies and singalongs,  
 I wove words and deeds full of splendor.

And many souls awoke,  
 Feeling strengthened and inspired.  
 Wisdom again grew among the folk,  
 And evil was no longer desired.

To people, I brought from God  
 The Laws of Goodness and Love.  
 And for centuries, there were legends of My magic songs  
 And the kindness they consisted of!

... But the time has come for new songs  
 To again be sung on the Earth!  
 Let people correct their wrongs  
 And manifest God's Principles with joy and mirth!

Let God's Truth grow once more,  
 And let It be spread anew!  
 Let God's Precepts enter your core,  
 And make them a part of your worldview!

A new age can come here —  
 An age of Goodness, Love, and Light!  
 But this depends on you, dear:  
 Let the efforts you make be bright!

(Written down by Anna Zubkova,  
 November 2021)

## ***Sathya Sai Baba — My Darshan***

The River of My Love flows  
 Without a moment of interruption!  
 And to one who has mastered Goodness,  
 I give the Darshan of Mine!

Who can behold Me  
 In My Giant Appearances?  
 It is that one who has stood firmly in Love —

In one's words and deeds, even during fights!

Yes, there is *the Other World!*  
*There*, Love unites the Perfects in Divineness!  
 That *Depth* is your final Blissful Home!  
 To continue life in It — this is the true Success!

*There*, there is no division between *You* and *I*:  
 There is only the *One!*  
*There*, Love and Power, Wisdom and Peace  
 Are given forever to Everyone Who has attained!

(Written down by Anna Zubkova,  
 November 2021)

### ***Nguen One Ki — The Divine We***

Vastness of the forest... All around is silence...  
 Feel with yourself-soul this boundless peace!  
 We, the Holy Spirits, are ever present beside you!  
 And now, listen to Us!

Know this, oh man, that there is one Almighty God!  
 He is one for the universe, one for everyone and everything!  
 He is like the Ocean of Peace and like the Sun!  
 And we are like Particles of Him, like His Hands!

God is a Boundless Ocean of Perfect Consciousness.  
 We are like gentle Waves in this Ocean!  
 We are the Creators of the Streams of His Love.  
 We carry into Creation His Will and Might!

We are sometimes called "Brahman". We are the universal *Higher I*.  
 We are everywhere, *under* everything:  
 In the entire multidimensional space, from the Great *Depths*,  
 We manifest Ourselves.

In the flight of gentle winds and in the calm of snowy peaks,  
 In the currents of swift rivers and the stillness of lakes — We are present.  
 We are usually invisible to the material eyes,  
 But We can be seen by evolved souls.

Through the nightly glow of the stars  
 And the dance of flames in camp-fires,  
 We can fill you with this living beauty!  
 And, through silence, We can speak to the soul.

There are so many of Us! We are the Great Holy Spirits!  
 Our work is to aid the development of souls on the Earth.  
 Once, We, too, were born here and lived as people,

And We passed all stages of the Spiritual Path.

We manifest God in His Many Faces!  
 We watch over the life of everyone and everything!  
 We lead incarnate souls on the eternal Path of Holy Love!  
 Listen to Us and live with Us! We are always near, beside everyone!

(Written down by Anna Zubkova,  
 November 2021)

### ***Sulia — Parable about Revenge***

One man insulted another with words...  
 The other — in response — hit him as hard as he could...  
 And the man who received the blow fell down and was very badly hurt...  
 Then the friends of the man who was injured killed the one who struck the  
 blow...  
 Then all the kinsmen of the one who was killed, brutally put to death all those  
 who took revenge...  
 In return, the families of all those who decided to retaliate were killed...  
 Then all the people rose up and for a long time killed their kin in internecine  
 battles...  
 And who started the feud and who caused it, no one remembers...  
 ... And it all began, let me remind you, like this: one person — with anger — ut-  
 tered insulting words to another...  
 ... What words we say to others — is up to us!  
 We must not settle disputes with a sword!

\* \* \*

There are other — gentle — words which can be used to straighten out griev-  
 ances and make amends!  
 Let us love, forgive, embrace, and help one another!  
 Let the words of love — like birds — fly over our common Earth!  
 And let them begin to sprout in human souls like tender shoots in spring!

(Written down by Anna Zubkova  
 in March 2022)

### ***Try to Create a New World!***

#### **Thoth the Atlantean**

To my questions concerning all that is happening now on the planet, He an-  
 swered:

“It only seems to you that what’s happening now is a ‘it can’t get any worse!’  
 situation and that ‘it can’t get any sorrier!’...”

**“But, sadly, it can....**

**“We once witnessed the destruction of Atlantis... And We could not change it then and prevent the destructions. All the efforts that We had made to preserve spirituality and to redirect the material aspirations of people — to righteousness, to the Divine, and all our attempts to stop the priests who ruled the society only for the sake of satisfying their personal ambitions — all this was unsuccessful.**

**“Then everything began to collapse: the configurations of the continents started changing and civilizations began to die...**

**“We thought at that moment not about saving the earthly lives of certain humans, but about preserving the innermost Knowledge in a form that was as accessible as possible to future generations...**

**“We knew, of course, that bodies are mortal, and souls are immortal. And when leaving the body, all receive the abode that they deserve, according to how they lived their lives.**

**“Yes, We felt very sorry for the many innocently suffering people! But the course of history, to which the mistakes and criminal actions of certain rulers and the connivance of the ‘masses of the people’ had led, was then already inescapable.**

**“Our tasks at that time, perhaps, need to be spoken of in a little more in detail.**

**“We understood well that on the subtlest planes of the Universe the Highest Knowledge is indestructible, you know this too. But the ways of conveying this Knowledge to incarnate people who have lost even the very notions about the topics about which we wish to speak, is a rather difficult task. That is why We made an attempt to preserve the Divine Wisdom for future generations and civilizations — in different possible variants on several continents.**

**“We did not think about ‘saving Our own lives’, about Our own ‘survival’ on the Earth... We were looking for ways to preserve the connecting links in *the science of cognition of the Divine*, to save the knowledge about the steps of spiritual ascension in the memory of future generations.**

**“The ordinary Atlanteans, who left their bodies, joyfully perceived then the end of their incarnations and went to the life in the Light, to the joyful freedom of the life without bodies. In their bodies, there might have been pain and fear. And in the spiritual world for the majority of those who left their material bodies, there was peace.**

**“And those Enlightened Atlanteans Who remained in Their bodies on the Earth took upon Themselves a heavy burden, a difficult Mission — to be the Teachers among the undeveloped human tribes remaining on the planet.**

**“For Us, the temptation to leave this world, to leave Our material bodies, was great.**

**“And it was a great Sacrifice to remain here!”**

## **Nguen One Ki**

**“Learn the Peace and Wisdom of God!**

**“How good it is to be without a body! You experience this state in meditations, don’t you? Yes, this state can dominate and can be the main one, even if you have a body! This is what We are teaching you now!**

**“Find out what else keeps you in the body: karma, plans, wishes and intentions which were formulated some time ago but were not realized? Or emotions and attachments?**

**“When you see this clearly and in detail, then your freedom from the body will increase many times over! That is the Freedom in which, having a body, one can**

live in God, in full Mergence, and still continue to use the body in affairs of Divine Service!”

### **Sathya Sai Baba**

“Give to the world My Peace, My Light, and My Love! Under present conditions, this is a tangible contribution to Our common Work!

“I am ready to be with you constantly! I am ready to fill your bodies, to make them perfect, so that they become Divine instruments in the Creation!”

“May I ask You a question? When will all this nightmare in the material world end?”

“The battle of ‘good and evil’, of ‘light and darkness’ never ends on the Earth! There are stretches of the road where tensions get high. There are also quieter long periods of time...

“Against the background of harsh external cataclysms, disasters, and battles — in every reasonable person there is always an inner struggle for the Light, a struggle which intensifies during such times. People learn to distinguish between good and evil, and each person learns to make their own choice. They learn those life lessons that they must learn, in accordance with their karma.

“God always suggests to choose Love, Kindness, Peace, Nonviolence, Understanding, Forgiveness, and Gratitude!

“Almost all people know this theoretically.

“But everyone goes through their own lessons and takes their own ‘maturity exams’.

“On the background of serious problems in the material world, some people cling even more tightly to God and strengthen in themselves the connection of human love and Divine Love. And others — immerse themselves in whirlpools of earthly passions...

“This is how one gains the necessary experience of life...

“Remember: these are lessons from God! And only the Fire of Divine Love in the heart, only the Unity with God allow us to go through such dark stages of history more easily and to come out of them wiser, thus helping many other people!

“The best thing that all people can do now is to put out the flame of war and create a new world: a world of understanding, forgiveness, unification, and love!”

(Revelations written down  
by Anna Zubkova in March 2022)

### ***Adler, Great Miguel, and the Divine Templars of Santaremo on Oneness***

This conversation happened quite unexpectedly for us. We were working in our northern regions on the shore of a bay and, suddenly, the outlines of one of the very significant places of power in Portugal showed up on the nonmaterial plane. It was as if for a time we found ourselves on the working site of the Divine Teachers Who had created there an absolutely unique place.

That place is located on a high hill above a bend in a river. Adler and Great Miguel are always present there. And the place of power itself was created by the Knights of the Spirit, the ancient patrons of Portugal, the Divine Templars, who dwell in amazing Unity, in Mergence.

Each of the Divine Templars Himself is like a Temple, a Divine Consciousness that comes out of the Abode of the Creator into the world of people. But at the same time, each such Temple is inseparably connected with the Divine Ocean of Primordial Consciousness, filled with God! The Divine Templars at that place form a kind of Circle, like a circle of Divine Friends taking each other by the shoulders or the Towers of a mighty fortress connected by walls. A state of inviolable unity in Spirit arises between Them and Themselves in God! The Divine Templars called this state of Theirs “the Great Circle”.

Then they said to us:

“All Souls living in this Oneness speak as One Voice!”

“All who have attained Primordial Divine Oneness have no contradictions among themselves! When each of the non-incarnate Divine Teachers speaks to people, it is the Voice of God that sounds in the souls! This is then translated by each perceiver into the language of their own understanding, into the images and terms that he or she uses. As a result, sometimes it may seem that there are different sermons from the Divine Teachers for people... Different religious traditions, their offshoots, and various beliefs in plenty exist on Earth...”

“Even the Avatars who came to Earth in their bodies spoke in the terms and images that were natural to the traditions of the peoples among whom their teachings were heard.”

“But there is no disagreement or contradiction between the Divine Souls! This depth of Oneness and Understanding of the Truth is important for every seeker of the Truth to absorb!”

“This you know...”

“Now the conversation is about something slightly different.... It's about how friends of God who are incarnated in bodies should act in unity.

“We can teach how to act as a group, a spiritual school that becomes one, through the merging of the consciousnesses of the participants, while making the most of everyone's highest abilities. This is a tremendous multiplication of powers and opportunities for the fulfillment of Divine Intentions!”

“We are here now to remind you of the Divine Power of the Oneness of the mutually merged consciousnesses of devotees, incarnated in bodies, acting from God, with God.”

“That is how We lived and created the future, and God gave the Power to change history, to direct the course of the country's development.”

Great Miguel and Adler joined the conversation:

“For such a group of devotees who know God and continue Serving God with earthly bodies, it is important to understand how to act in the Unity of Consciousnesses. Incredible power is gained by those who have united their hearts, thoughts, words, deeds, and intentions in God, and do His Will by living and acting in such Unity on Earth!”

(Written down by Anna Zubkova  
in May 2023)

## *Jesus*

There exists a Non-Burning Flame of Love that I gifted to my disciples. This is the love of My Father.

Ignite in your heart the Fire of My Love!

Touch the souls in such a way that they may feel the Love of God. Touch them in such a way that the Love of the Father may awaken their hearts.

Fill up your vessels with the Fire of My Love, bring it to people, give it away generously!

The Source of My Love is inexhaustible, immerse yourself into the Source, unite with it!

(Written down by Aleksey Dikiy  
in October 2023)

## ***Jesus***

**Question:**

“How can I come even closer to You, not being in You but being You ... completely?!”

**Answer:**

“You will have to give everything away... to lose everything.

“When you give everything then you have nothing left to lose ... you keep nothing to yourself.

“Accept this path of life as the path that is meant to be for you, do not try to change it, do not try to touch it.

“Do you see how the stars move? And can you see where they go exactly?”

“Do you think the stars want to go in that direction? No, they are just following the pathway We draw for them.

“But did you see how the stars always shine? They do not try to move out of this pathway — this is true; however, they give all their light to everyone capable of seeing it.

“Be like a star! Move to that path We created for you and shine through Me to the ones who can see you.

Maybe some people will come next to you and won't notice this Light, like people looking at the stars during the day.

“But sometimes people who are even too far from you will see you shining among people, like people looking at the stars during the night.

“Shine, My child, because we are One forever!”

(Written down by Charles-Jelloul Amari  
in October 2023)

## ***Pythagoras: New Places of Power and Initiations***

A new encounter with Pythagoras! His new immense Place of Power is revealed. He displays His Immensity, which we had not yet been able to perceive so clearly... He embraces everyone with Love and serene Tenderness, opening the entrances to the Space of His Divine Life in the universe.

He reveals the Majestic Streams of Cosmic Love — Streams of Divine Light that create worlds. He is One of the Many who live in such a way, radiating the Creative Light-Fire.

Pythagoras begins to speak:

**“These Streams of God give rise to everything in the manifested worlds and in the hidden realms. These are the energies of Love-Power, the creative energies. If the Power of God ceases to manifest the existence of all this, everything will disappear, and will cease to be. Adler has already told you about this before. And it is necessary to remember that, of all the beings created by God, only human beings have the possibility of self-development as a soul.**

**“Human beings are given the opportunity to feel and manifest this Divine Creating Love. At first, man learns to perceive this Love as God, the Creator, to love Him with reciprocal love, to dissolve in His Love! Gradually, in this interaction, man’s Love and God’s Love become more and more united. The human being as a soul learns the art of merging with God, learning to love everything and everyone together with Him. And then comes the possibility, growing and consolidating in the Divine States, to realize oneself as the Higher Self, as an inseparable Part of the Universal Primordial Divine Consciousness...**

**“In the transformation of the soul to Divinity lies the Path from a human being to Being God, which I have taught and continue to teach. To perceive the Divine through personal experience, the soul must undergo certain stages of development. This is the science of soul advancement taught by all Divine Messengers. This is the ‘Methodology of Spiritual Development’<sup>1</sup>!**

**“The first and the most fundamental of these stages is the ability to live constantly in a state of love and harmony regardless of external circumstances. The ability to be refined love allows one to feel My Presence, see Me, merge with Me, and feel everything from Me as I feel it.**

**“And now, observe:**

**“... In the depth of the multidimensional organism of every human being, there is a stream of the Divine Flow, a Flow of Power creating life.**

**“From that Depth, where you connect with God’s Love, you can learn to see other people along with God, feel their ‘maximum depth’, the ‘spark of God’. The phrase ‘seeing God in every person’ is precisely about this.**

**“It’s time for you to learn this. Sometimes it can be challenging, especially when the conversation partner disagrees with us on something or when dark or negative thoughts and emotions bubble up in the superficial layers of the soul. And if you manage to speak with a person at the right moment, from a place of peace and heartfelt love, looking into the depth of their heart, gently touching that depth with the love of yourself as a soul, sometimes tiny wonders of realization, transformation, and understanding can occur. Thus, God can act through you! There should be no personal desire to prove something, impose your point of view... simply through each of you, Divine Love can touch another individual’s spiritual heart in the most intimate depth — without force, without violence. Most won’t notice it. But sometimes, in someone, anger may fade, in another, a brief warmth may ignite and then extinguish again, a spark of goodness may briefly flare up and then fade out again, and in someone else, love may come alive. Thus, God can reveal Himself.**

**“I touch each heart in its time!**

**“This is an important lesson of My universal Love!**

**“I taste all the fruits growing here!**

**“Thus, the Holy Family of Divine Souls grows!**

**“In the theatre of the earthly world, I have already played My role,**

**“And now, from the Eternity of Life, I create the future!**

**“I open God’s Schools here, on this Earth.**

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<sup>1</sup> Read more in the book [“Ecopsychology”](#).

**“I initiate into Higher Knowledge those who are devoted to Me!**

**“I direct their lives, flow in them, like streams in riverbeds.**

**“I teach them how a human being can become God!**

**“Yes, I ignite love in every soul when the time comes to awaken. The seed of love sprouts, the shoot strengthens, then comes the time of flowering and the season for harvesting the fruits. The results of all efforts in nurturing souls belong to the Divine Whole. We merely labor, assist, and joyfully observe the progress of each soul on its journey toward the Light!”**

**\* \* \***

**Here is another new place of power of Pythagoras on the ocean shore. Another encounter with this Great Teacher, another lesson from Him.**

**... Here, on the immaterial plane, His School exists: semi-transparent, snow-white temples, rotundas, gazebos, porticos, and stairs leading to the water, adorned with flowers and beautiful trees...**

**Pythagoras makes it visible on subtle planes and invites everyone to enter:**

**“All of you, those present now and all capable of feeling Me, you are not guests in My School, you are My students!**

**“Creating places of power like this, with different structures and forms, is just one way Divine Teachers assist their students. Various methods exist, for a student developing the ability to perceive the Divine, to feel the Teacher's Presence. It could be an Image perceived in the anahata within the body, a reminder of a significant statement made by the Master, simply a vivid sense of Presence in the space around, or any form of Mahadouble... The main task is to teach to perceive Our Love and Guidance.”**

**... In the space of Light, solemn and beautiful music begins to play.**

**Pythagoras continues:**

**“We called it the ‘Music of Spheres’, the music of Creation, the process of life with God in the service of consciousness evolution in the Cosmos.**

**“There is an image to explain the process of Co-Creation between devotees and Divine Souls for the benefit of all beings, like the Harmony of an Orchestra. In such an Orchestra, each is responsible for their instrument, for their part in the Music of the universe! Initially, this role may seem small, but everyone contributing their energy of love to the collective effort is very important and necessary! Feel yourselves as participants in this Co-Creation Process, where everything resonates in the Harmony of Divine Love!”**

**\* \* \***

**... All Divine Teachers who have been guiding us in the last month of our spiritual endeavors approached, enclosing us in Their Circle, in Their Embrace of Love.**

**Tomorrow we leave these places... We are to retain the knowledge and skills acquired and share this Wisdom with people. Each of us is to do this in our own country, on our own continent... Our Earth is not so vast, especially when the hands filled with love of spiritual hearts unite to embrace it. And if there are more such hands and hearts, the "spiritual climate" on the planet will change.**

**... Nevertheless, it's a bit sad to part with these wonderful places. Pythagoras, sensitive to every emotion, consoled each one with these words:**

**“The body will leave here, but I will remain within you!**

“The Ocean of Universal Love—It is always and everywhere!  
 “Carry with yourself as a soul the Sun of My Love!  
 “Let streams of Light flow into the hearts of people!  
 “Thus, you unite worlds and spaces, where you and I are ONE!  
 “Thus, you open a window to other Eons in this world!”

(Written down by Anna Zubkova  
in November 2023)

## ***Pythagoras: On Managing Emotions***

— In light of the current events, I want to share a few words about what people who seek Harmony with Life and God can do now and always.

On the stage of human interactions on this planet, coarse emotional states often dominate: hatred, anger, envy, condemnation, irritation, resentment, fear, a sense of sorrow, the feeling of life shattered, or horror at what is happening around, and similar manifestations of emotions. Joy, celebration, inspiration, delight, bliss, and gentle tranquility much less frequently fill the space.

There are sometimes unfortunate situations on the planet, and some people involved live only considering revenge, hatred and condemnation as their duty and purpose.

It's worth nothing that even close individuals, believing they love each other, sometimes allow themselves outbursts of negative emotions when they believe they are right and others disagree.

To some extent, we can learn to extinguish such situations in the space around us: within ourselves and in others. Even the soul's presence in a state of unwavering, refined love makes a significant contribution to this process!

Conscious living of the soul in connection with God and wise interaction with the surroundings help achieve this. You can gift, radiate into the space of the Universe, joy, happiness, bliss, harmony, peace, and tranquility. Learning to live like this always is crucial. This can be done through personal interactions with people, through meditation films, and through all of our other materials.

This is important — explaining, teaching people to manage their emotions, to control their states of consciousness. It's also crucial to teach them to understand that it's not just about suppressing emotions, like anger or resentment, by consciously or unconsciously pushing the unwanted feelings deep into the subconscious, as if storing a stone for later. It's about being able to transmute the energy, to adjust the resonance of the soul, transforming coarser energy into subtle and gentle emotions: tranquility, understanding, acceptance... It shouldn't be an artificial mask with a "duty smile" on the face while holding onto resentment or irritation inside; it's precisely the transformation of the soul, turning a state into love. This is a significant and important inner work.

The most successful way to achieve this is through interaction with God! It is in the crucible of love that the vices of the soul and emotions of lower orders are burned away. It is in the Flame of Divine Love that a new state of the soul is born!

— How did You teach this to Your disciples?  
 — Just as I teach you!

I didn't admit everyone to the School... The ability to live in harmony with oneself and the Divine Principle was very significant in the learning process. Not all my disciples achieved Divinity in one lifetime, but they studied and aspired to master Divine Ethics in every way!

(Written down by Anna Zubkova  
in November 2023)

### ***Revelation from Pythagoras***

**LOVE is the Source and Power of everything.**

**Transmit the state of Love through yourself!**

**Listen to your heart more than your mind!**

**Enjoy helping others- it is not a job for you, it is a beautiful journey that will never stop and will only continue...**

**Open your heart — spiritual heart! Feel that you have the arms of the soul-arms of the spiritual heart!**

**Surrender yourself to Me — to God — and observe what is happening...**

**The wave of Love and Light will cover you completely, washing away your human form and letting you fly, feel Freedom, a real Freedom of soul.**

**You are flying like a bird over the ocean.**

**Spread your arms of the soul as if they would be wings, cherish all beings around and within yourself!**

**Now you feel the Power of Love and Tenderness, growing stronger and stronger, brighter and brighter!**

**Shine in My Love and bring My Love to others!**

**Wrap them in My Love, tenderly caress and embrace them with the same nurturing devotion as a mother cherishes her child.**

**You feel that this Power of Love is expanding you, making you bigger and broader, stretching you out for kilometers.**

**The feeling of a separate self disappears when you feel yourself stretching to the point where this sense of separateness bursts like a balloon, dissolving into the Divine Oneness, in the Divine Ocean of Love, Peace and Harmony.**

**Share these emotional states with everyone you meet on your way!**

**Love doesn't demand, Love devotes and gives away; It brings Peace and Harmony.**

**Be like an infinite fountain of Love and Light, pouring out from you and filling everything around with love!**

**Become an extension of this Divine Source, filling the hearts of people with love!**

(Written down by Tetyana Golembiovska  
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