

Two Sexes

Translated from Russian
by Anton Teplyy
Corrector of the English translation —
Hiero Nani

About the role of the sexual aspect of love in the Evolution

The main tendency of the processes taking place in the Absolute, as it was planned by the Creator, is the *development* of the consciousnesses (souls) and the *mergence* of Those Who have reached the Perfection into *One*, into the *United We*, Which is the universal *Higher "I" (Paramatman)*.

The majority of species that inhabit the Earth are created — during the process of the evolution of biological species, controlled by the Creator, — as male or female. This applies to us, people, as well.

From the standpoint of genetics, sexual reproduction has an advantage over others types of reproduction: it increases the dynamics of the formation of new variations within biological species. This, in its turn, contributes to the adaptation and survival potential of species in the constantly changing conditions (mostly, climatic) of their environment.

Yet right now we should see another point, namely, that anatomical, physiological, and psychological sexual differences are not intended — from the psychological perspective — to separate, but, on the contrary, to teach the representatives of different sexes to *become closer, to unite, to merge into one*.

As to us, people, it is important to understand that the process of union, mergence of the souls through the emotions of sexual aspect of love is what prepares us for the Mergence with God. (However, let us not confuse in this case the true love with egoistic sexual passion; the latter is not love but lust, i.e. egoistic *sexual desire*). People who have not learned to love each other cannot reach the Mergence with God. After all, in order to fall in love with God, we should have a developed ability to love, to fall in love, and to merge with another in the all-absorbing emotions of love!

Only when we have learned to love fully small and big objects of the Creation, we will be able (without ceasing to love them, yet without falling in love with them) to fall in love only with God.

About how we can learn to love one another, other objects of the Creation and then the Creator, God spoke abundantly [1-8,10-20].

To be truly in love means to experience the *coessentially* with the objects or object of one's love. We should master such mergence of the souls first in the world of the Creation and only after this, when we become mature enough intellectually to realize the Greatness of God, we will be able to redirect our developed love to Him.

The process of cognition of Him is realized by no other means but through the refinement of a consciousness, which results in the cognition of the entire "scale of emanations" (speaking the language of Juan Matus [6]), i.e. of all layers (eons, lokas) of the multidimensional space. The Primordial Consciousness (the Creator) is the Subtlest One on this scale.

And the emotions of harmonious, tender, and sexually-tinged love refine consciousnesses!

Having fallen in love with Him, we, as the developed souls, gradually merge firmly with Him.

After this, from Him, from the Coessentiality with Him, we will help other incarnate beings in their development.

Which sex is "sinful" and which is not?

In some religious organizations, it is customary to declare the sexual aspect of love as "sinful". The cause of this lies not only in the desire of the pastors of such sects to dominate their flock and "feed" on them, saying: "You all are desperately sinful, but you can pay us, and we, in prayers, will get the forgiveness of your sins from God!" There is also a rational cause for the tendency towards the limitation of sexuality. It consists in that the "unrestrained" sexuality in the human populations of low culture results in the spread of venereal and other diseases, as well as in unintended pregnancies [1,6,9].

Moreover, those people for whom it is time to switch all their attention totally to God, sometimes "get stuck" in the tendency of the sexual bliss of guna sattva and stop in their spiritual advancement.

We also should not forget that God prohibits the "mixture of gunas" during sexual contacts [6,10].

In other words, sexual "permissiveness" is in no way blessed by God.

On the other hand, ethically and esthetically impeccable sexuality, as well as sound and subtle erotica, are considered by Him as important factors that contribute to our spiritual development [6].

In order to advance successfully on the spiritual Path, there is no necessity to have multiple sexual partners. It is enough to have one like-minded partner who is on the approximately same level of spiritual advancement. Massive sexual amusements, presented as supposed spiritual practices, cannot give spiritual progress. The affirmations of some authors that the more sexual partners one has,

the more intensively one's "personal power" grows, are groundless. On the contrary, a trap is hidden there.

The point is that sometimes it is quite difficult to notice the change of one's own level of subtlety of the consciousness on the initial stages of spiritual development. One can become coarser as a consciousness but think that everything is alright. Moreover, when one becomes coarser psychoenergetically on these initial stages, it gives one the feeling that one's "personal power" is growing. However, in reality, only the growth of the psychoenergetical power that was refined and became subtle is valuable. The practice of the sex with many partners results in an averaging out of the psychoenergetical level of all participants, which throws back in their spiritual advancement those of them who were more purified and hence more promising.

About culture of sexual relations

What does *culture of sexual relations* mean? What is it all about?

To begin with, let me stress that it is convenient to designate as *vicious sex* all its variants where *egocentrism* predominates, i.e. tendency to *receive for oneself* in prejudice of another or others.

In contrast to this, let the care about the interests of a partner predominate in sexual relations! Only if both partners give themselves to each other, the complete harmony can be achieved! Only such sexual relations between people are admired by God, a constant Witness of all that we do!

Violence in any of its manifestations does not correspond in any way to the principle of the refusal of egocentrism and hence results in the accumulation of negative karma (one's own bad destiny) by the possessors of such a vice.

Let subtle tenderness and concern for not causing any harm or even just discomfort to a partner predominate instead of violence!

Additionally, to take precautions against unintended pregnancy is an obligation not only of a woman, but of a man as well. So, one of the rules of culture of sexual relations is that a man does not have a right to inseminate a woman without her quite clearly expressed consent.

Contraceptives and ejaculation outside woman's genitals can serve as the means of avoiding unintended pregnancies [9].

To practice basic hygiene, manifested in the clearness of genitals and hands, as well as to exclude any possibility to infect a partner when one has even the slightest symptoms of one's own illness are also the essential rules of the culture of a sexual life.

About “group sex”

From time to time, the media talks about some groups calling themselves spiritual, in which practically only one “method of spiritual work” is used — the sex in its group variant. Let me express my attitude towards this.

I believe that only those organizations can be called spiritual that study the knowledge about God, about the meaning of our lives and the ways of its realization, as well as the principles of ethics, esthetics, and a healthy lifestyle — for God, and not for oneself! It is also important to study living nature and how we can be in the midst of it and develop ourselves without causing it harm. After all, nature is one of the most important components of the God’s Creation on our planet and it is intended, among other purposes, to help us in our spiritual development!

About how we can develop ourselves spiritually in the midst of forests, meadows, steppes, deserts, and water bodies, we analyzed on the pages of our books [1,3-8] and in our films.

And let people by themselves find partners for the creation of family couples on the background of such classes, that is, among like-minded people!

... Can having sex in full view of others really bring us nearer to God somehow?

... I personally have never practiced group sex; I even have never thought about this. Yet I managed to cognize God, having studied the entire Path to Him! You can also try this!

... Many vain and useless things to do were invented by people because of their incomprehension of the meaning of life and of what God desires from us!

However, knowing all this, we can clear our lives of all junk and really perfect ourselves, without wasting the time granted to us by God for our development in the conditions of incarnations on the Earth!

Does sexuality exist “in another world”?

Yes, it exists, but it is different.

Before examining further this subject, let me mention for those who do not know this that each person, after disincarnating, usually maintains the same appearance of the body that he or she had in the last incarnation. Sex is also maintained both in the appearance and in the self-perception.

Nevertheless, the sex in its “earthly” variant is impossible for non-incarnate people, since they do not have material genitals, interaction of which can produce an orgasm.

Still sexuality can take place in the sphere of emotional incorporeal relations!

By the way, it is possible to see how couples of people who really loved one another keep living together after both of them have disincarnated.

We also should not forget that non-incarnate beings go to different eons (lokas, spatial dimensions), among which there are hellish, paradisiacal, and Divine ones.

Can we say that sexual behavioural manifestations exist in hell? I have not studied this, but I know that malice, hatred, despair, and fear prevail there. Without any doubts, subtle, tender, and sexually-tinged emotions cannot exist in this eon. Yet coarse sexual desires, which cannot be satisfied, exist. As the evidence of this, we can consider the facts of the attempts of those hellish beings to “stick” to the lust of unsubtle incarnate people.

As to paradisiacal and Divine abodes, in which there are no other states but love, the sexual tinge of emotions fills the lives of the inhabitants there with high bliss.

Incarnate beings, in most cases, can merge one with another, to a certain extent, with the help of their genitals, but non-incarnate beings can easily interpenetrate and merge completely as naked (of the materials bodies and other clothes) souls! They also can add freely sexual tinge to their love, entering without effort into intensive, long, ecstatic, blissful states. Such states are especially bright among those Souls Who are the most developed in the evolutionary perspective. The term *Supreme Bliss* corresponds mostly to such states of those Souls. Besides, They can fill the space around Them with this Bliss, allowing to the worthy incarnate disciples of God to experience this state as well through the attunement with Them — for the sake of their further self-transformation, among other purposes.

We see that God does not reject sexuality. So why do some people reject it? Does it make sense at all to consider their opinion?

The solution is quite simple in this case: sexuality should correspond ethically to what God wants to see in people.

We have talked about this enough in the article you are reading right now and in our other books and articles.

Recommended literature:

- 1. Antonov V.V. — Spiritual Heart. The Religion of Unity. “New Atlanteans”, Bancroft, 2010.**
- 2. Antonov V.V. (ed.) — Spiritual Heart: Path to the Creator (Poems-Meditations and Revelations). “New Atlanteans”, Bancroft, 2008 (in Russian).**
- 3. Antonov V.V. — How God Can Be Cognized. Autobiography of a Scientist Who Studied God. “New Atlanteans”, Bancroft, 2008.**

4. Antonov V.V. (ed.) — How God Can Be Cognized. Book 2. Autobiographies of God's Disciples. "New Atlanteans", Bancroft, 2008.
5. Antonov V.V. (ed.) — Spiritual Work with Children. "New Atlanteans", Bancroft, 2008.
6. Antonov V.V. — Classics of Spiritual Philosophy and the Present. «New Atlanteans», 2008.
7. Antonov V.V. — Ecopsychology. "New Atlanteans", Bancroft, 2008.
8. Antonov V.V. — Forest Lectures on the Highest Yoga. "New Atlanteans", Bancroft, 2008.
9. Antonov V.V. — Sexology. "New Atlanteans", Bancroft, 2008.
10. Antonov V.V. — The Bhagavad Gita with Commentaries. "New Atlanteans", Bancroft, 2008.
11. Antonov V.V. — Anatomy of God. "New Atlanteans", Bancroft, 2010.
12. Antonov V.V. — Life for God. "New Atlanteans", Bancroft, 2010.
13. Zubkova A.B. — Fairy Tale about Princess Nesmeyana and Ivan. «New Atlanteans», Bancroft, 2007.
14. Zubkova A.B. — Dobrynya — Bylinas. «New Atlanteans», Bancroft, 2008.
15. Zubkova A.B. — Dialogues with Pythagoras. «New Atlanteans», Bancroft, 2008.
16. Zubkova A.B. — Divine Parables. «New Atlanteans», Bancroft, 2008.
17. Zubkova A.B. — Book of the Born in the Light. Revelations of Divine Atlanteans. «New Atlanteans», Bancroft, 2008.
18. Zubkova A.B. — Parables of Lao Tse. Bancroft, "New Atlanteans", Bancroft, 2012.
19. Zubkova A.B. — Parables about the Elder Zosima. "New Atlanteans", Bancroft, 2012.
20. Tatyana M. — On the Other Side of the Material World. «New Atlanteans», Bancroft, 2012.
21. Teplyy A. — Book of the Warriors of the Spirit. «New Atlanteans», Bancroft, 2008.

Our video films:

- Immersion in the Harmony of Nature. Way to Paradise. (Slide show). 90 minutes (on a CD or DVD),
- Spiritual Heart. 70 minutes.
- Sattva (Harmony, Purity). 60 minutes.
- Sattva of Mists. 75 minutes.
- Sattva of Spring. 90 minutes.
- Art of Being Happy. 42 minutes (HD-video).
- Practical Ecopsychology. 60 minutes (HD-video).
- Keys to the Mysteries of Existence. Finding Immortality. 38 minutes (HD-video).
- Bhakti Yoga. 47 minutes (HD-video).
- Kriya Yoga. 40 minutes (HD-video).
- Yoga of Krishna. 80 minutes (HD-video).
- Yoga of Buddhism. 135 minutes, in 2 parts (HD-video).
- Taoist Yoga. 90 minutes, 2 parts (HD-video).
- Psychical Self-Regulation. 112 minutes in 2 parts (HD-video).
- Yoga of Sathya Sai Baba. 100 minutes (HD-video).
- Yoga of Sufis. 128 minutes in 2 parts (HD-video).
- Yoga of Ancient Russians. 105 minutes in 2 parts (HD-video).

Yoga of Atlanteans. 82 minutes (HD-video).

Yoga of Pythagoras. 75 minutes (HD-video).

Laya Yoga. 48 minutes (HD-video).

Kundalini Yoga. 45 minutes (HD-video).

Yoga of Don Juan Matus and other Indian Spiritual Chiefs. 147 minutes in 2 parts (HD-video).

Yoga of Jesus Christ. 128 minutes in 2 parts (HD-video).

Agni Yoga. 76 minutes (HD-video).

Advaita Yoga. 47 minutes (HD-video).

Ashtanga Yoga. 60 minutes (HD-video).